

# Information about participating with the Keyworking Team, Berkshire West and the Dynamic Support Register

This easy read information sheet is about the Keyworking Team, Berkshire West and the Dynamic Support Register and deciding if you give your consent to participate.



This easy read information sheet is for individuals aged 0 - 25 with learning disabilities and/or autism who might be at risk of going into a specialist hospital/unit because of a mental health issue.



It is also for family/carers and other people who can support you to understand what the Keyworking Team, Berkshire West is about and if it's right for you.



The Keyworking Team, Berkshire West and the Dynamic Support Register is about helping you get the right care and treatment in your community whenever possible, by working with you and those who support you.



Most individuals with mental health concerns can live well in the community and may never need to go into a specialist hospital/unit for assessment or treatment.

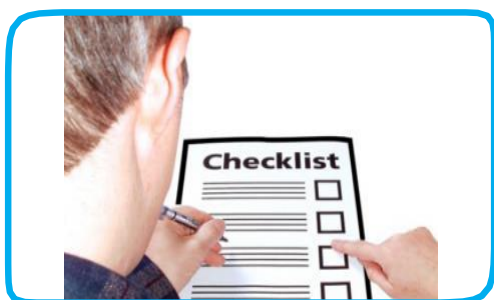


But if you experience a difficult time and your current care is not meeting your needs, you and the people who support you will need to think about what extra support you will need.



Often this support can be given locally in the community but sometimes people need to go into a specialist hospital/unit to get better. This form is about making sure you and your parent or carer are included in the decisions.

## What is the Keyworking Team, Berkshire West and Dynamic Support Register?

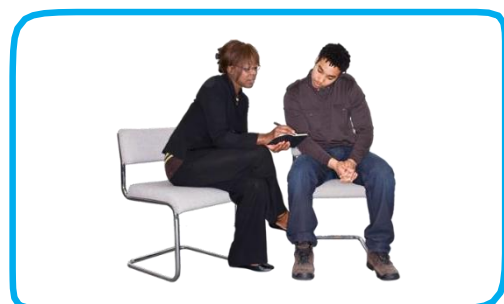


The Keyworking Team, Berkshire West and the Dynamic Support Register is about being able to respond quickly if your care needs are not being met. To see if changes can be made to help you with this to stop you reaching crisis point. It helps services work with you to decide what support you may need.



The Keyworking Team, Berkshire West and Dynamic Support Register is one of the local changes that is happening to help you to stay in the community, so you don't have to go into hospital.

## What are the good things about participating with the Keyworking Team, Berkshire West?



The Keyworking Team is about helping you get the right support as fast as possible, if you ever need it.



This is because services will know what extra help and support you might need and can plan your support around this. You will be involved in planning the care and support.

## What if I don't want to participate?



If you do not want to participate with the Keyworking Team, Berkshire West this will not affect the care and support you already receive.

## Is it right for me?



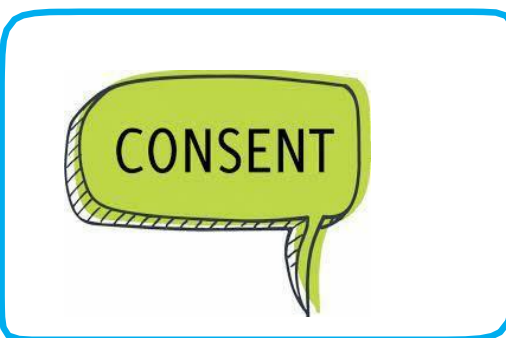
It is a good idea to talk to people who understand your supports needs. They will help you understand what the Keyworking Team, Berkshire West is about and help you decide if it's right for you.

## What happens if I participate with the Keyworking Team, Berkshire West?



If you are participating with the Keyworking Team, Berkshire West this means the people who pay for your care can work together, and more quickly think about the support they can offer you should your needs increase.

## What is consent to participate and why do we need it?



Consent is about understanding the facts so, you can decide what's right for you, and if you would like to participate with the Keyworking Team, Berkshire West. They can support you and your family to get your needs met if you provide consent.

- you or your parent/carer will receive a copy of the consent to participate form to sign
- you or your parent/carer can change your mind at any time

A green speech bubble with the word 'CONSENT' written inside in black capital letters.

## CONSENT

- you or your parent/carer can find out what information is being held and recorded about you
- you will be asked, at least twice a year, whether you still give consent to participate with the Keyworking Team, Berkshire West.
- If you choose not to participate with the Keyworking Team, Berkshire West we will signpost you to other services that could help you.

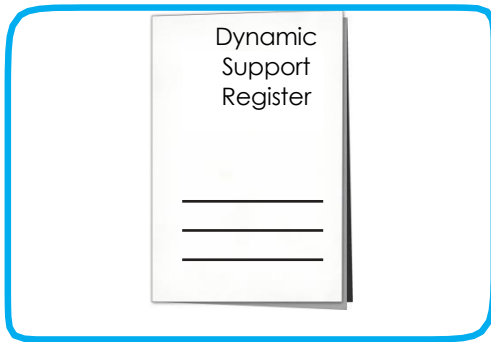
## What will happen to my information?



Your personal information will be kept in a safe place by Berkshire Healthcare NHS Foundation Trust, and it will only be shared with you or your parent/carer, and people who provide your care now or in the future. This may include the Local Authority, Education, and other health services.



Sometimes, anonymous information from the Keyworking Team, Berkshire West is safely shared with other parts of the NHS. This information **does not** include your names or any of your personal information which could identify you.



This information helps health and social care teams understand what difference the Keyworking Team, Berkshire West and the Dynamic Support Register is making, in individual's lives and provide the right kind of services.

## What sort of information will the register include?



The information will depend on your care and support needs. it will include information about:

- your name, date of birth and address and who you live with
- the name and contact details of professionals who are involved in the care and treatment you are receiving
- your health, including mental health



anything that people involved in providing your care and support should know to keep them safe.





If so, you are ready to fill in the Consent Form to say whether or not you give your consent to participate with the Keyworking Team, Berkshire West.

You can change your mind later if you want to.



Your Care Coordinator/Social Worker or someone involved in supporting you can help you fill it in.