



**Future Voices Crew**  
Co-Produced with Young People on the  
Link Team's Co-Production Board

## HOW WILL YOU BE SUPPORTED?



### **Fewer Professionals**

You will see the same familiar people who understand you.



### **Clearer Steps**

We will help you understand what is happening and what's going to happen.



### **Less Waiting**

We are here to shorten your wait and help you get support sooner!

**The Link Team aim to improve your mental health which will also help in other areas of your life!**

## CONTACT US



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**Oxfordshire:** 01865 903653

**Berkshire:** 0118 904 6780



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**Oxfordshire Healthcare**

<https://rb.gy/zal4ay>

**Berkshire Healthcare**

<http://bit.ly/4heTRel>



Berkshire Healthcare  
NHS Foundation Trust



Oxford Health  
NHS Foundation Trust

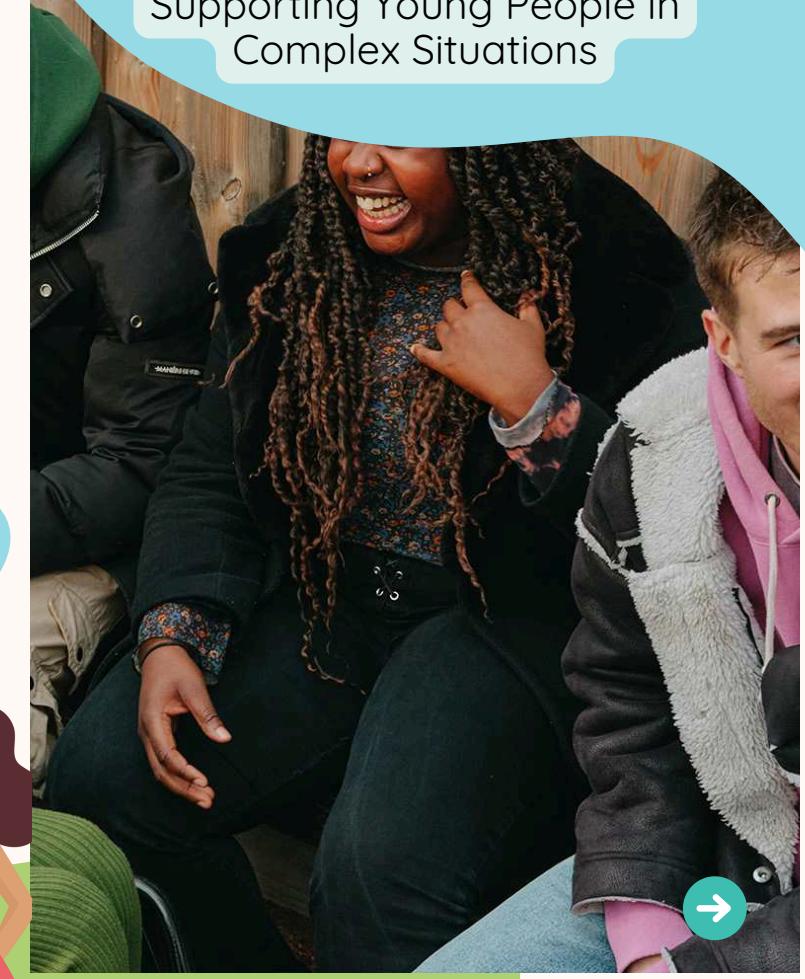
Oxfordshire & Berkshire



# Link

## THAMES VALLEY LINK PROGRAMME

Supporting Young People in  
Complex Situations



# ABOUT THE LINK TEAM

## 4 WAYS we may get involved

Sometimes, no single service can meet all these needs, which can make it harder for professionals to support you. We're here to help with a range of needs like education, health, social care, and more. There may be concerns about your emotional well-being, mental health, or neurodevelopmental needs.

The Link Programme brings people together to give you the help you need.



### Why Have I Been Referred?

- You may be facing challenges with your physical and/or mental health.
- You may have longer-term needs, like autism, learning disabilities, or both.
- Standard treatments haven't fully met your needs so far.
- You may be dealing with tough family or social situations, like changes in your family, loss, or experiences of inequality.

#### Discuss Your Situation

The Link Team will review your support so far, recommend steps, and/or connect you to the right services.



#### Further Assessment

The Link Team may meet with you to explore your challenges and needs. This could be with a psychologist, psychiatrist or mental health professional, and may include your home, school, and social environment.



#### Develop A Care Plan

The Link Team and other professionals will work together to understand your story and create a care plan for you.



#### Direct Management Of Your Care

Sometimes the Link Team will manage your care with other professionals and monitor your care plan, including psychological, educational, occupational, and youth work support. You will help develop your care plan.



[www.raw-workshop.co.uk/potential](http://www.raw-workshop.co.uk/potential)

Partnership

With

Empowering young people with skills, support, and opportunities to thrive.