

## CARE HOME VIRTUAL TRAINING (updated Dec 2025)

Below is a list of all Virtual training offered to Berkshire Care Homes. If you are a Berkshire Care Home and would like to join the training, please email below your request including your care home name.

**East Berkshire Care Homes** (Bracknell Forest, Slough, Windsor and Maidenhead):

[Eastberkscarehometeam@berkshire.nhs.uk](mailto:Eastberkscarehometeam@berkshire.nhs.uk)

**West Berkshire Care Homes** (Reading, West Berkshire and Wokingham Council):

[Westcarehomesupport@berkshire.nhs.uk](mailto:Westcarehomesupport@berkshire.nhs.uk)

## MENTAL HEALTH

### SHARED ACROSS BERKSHIRE

- DELIRIUM AWARENESS
- MENTAL CAPACITY ACT AND BEST INTERESTS
- UNDERSTANDING DEMENTIA

## PHYSICAL HEALTH AND END OF LIFE

### SHARED ACROSS BERKSHIRE

- DIABETES AWARENESS
- END OF LIFE
- EPILEPSY AWARENESS
- GREAT ORAL HEALTH
- HEALTHY BLADDER AND BOWELS
- HEART FAILURE
- HYDRATION (BERKSHIRE)
- MANAGING MALIGNANT WOUNDS
- MASTERING MUST AND THE PATHWAY TO SUCCESSFULLY COMPLETING A DIETITIAN REFERRAL
- NAMASTE
- NUTRITION IN THE GOLDEN YEARS: INNOVATING BEST PRACTICE GUIDELINES AND FORTIFICATION STRATEGIES
- NUTRITION AND SMART EATING FOR COMPLEX NEEDS: A DIETITIAN'S APPROACH TO CARE HOME NUTRITION
- PARKINSON AWARENESS
- PRESSURE CARE EQUIPMENT – Guiding your decision-making
- RECOGNISING THE DETERIORATING RESIDENT – PREPARING FOR WINTER PRESSURES
- RESTORE2 – RECOGNISING A DETERIORATING RESIDENT
- ROCKET DRAIN AWARENESS
- SEPSIS
- SIX STEPS
- SKIN CARE
- Understanding DNACPR and Exceptions, Myth Busting
- WOUND CARE

### WEST BERKSHIRE CARE HOMES ONLY

- VERIFICATION OF EXPECTED DEATH (VOED))

## **POSTURAL MANAGEMENT AND FALLS (Therapist Training)**

- FALLS AWARENESS

### **EAST BERKSHIRE CARE HOMES**

- POSTURAL CARE
- CHAMPIONS (FALLS AND POSTURAL CARE)

### **WEST BERKSHIRE CARE HOMES**

- FALLS CHAMPIONS
- POSTURAL MANAGEMENT