

## Early Intervention in Psychosis Service video transcript

0:00:00.960,0:00:06.480

We are the early intervention and psychosis service. Our team is made up of various mental

0:00:06.480,0:00:12.800

health professionals as well as pharmacists, social workers, and employment specialists. We

0:00:12.800,0:00:18.320

can help you if you are experiencing psychosis for the first time or are at risk of developing

0:00:18.320,0:00:24.480

a psychotic illness. Symptoms of psychosis can include seeing or hearing things that others do

0:00:24.480,0:00:31.040

not, feeling very worried or scared that someone may harm you, or having trouble thinking clearly.

0:00:31.040,0:00:36.160

A member of our team can support you to develop an understanding of your difficulties and devise

0:00:36.160,0:00:43.040

strategies to manage any concerns about relapse. Treatment may include cognitive behaviour therapy

0:00:43.040,0:00:48.960

known as CBT, physical health screening, support

and education for your family and carers, and help

0:00:48.960,0:00:55.040

with accessing medication advice and employment support. We are based at various locations across

0:00:55.040,0:01:01.120

Berkshire, so your appointments can be held at the one nearest to you or in your home, wherever

0:01:01.120,0:01:07.280

you feel most comfortable. You can self-refer to our service by contacting the Berkshire Gateway

0:01:07.280,0:01:13.840

Service or a family member or friend or your GP or other health care professional can make

0:01:13.840,0:01:18.880

a referral for you. When we have received your referral, a team member will contact

0:01:18.880,0:01:25.360

you to arrange a face-to-face appointment at your preferred location. You can find more information

0:01:25.360,0:01:31.440

about the early intervention in psychosis service and what we offer on our web page.