

Psychological Medicine Services video transcript

0:00:00.960,0:00:07.040

We are the psychological medicine services. We can help if you are in mental health crisis or

0:00:07.040,0:00:12.640

there is evidence of self harm and we will assess you for mental health disorders, drug and alcohol

0:00:12.640,0:00:18.800

problems, suicidal ideation and depression. To access our service, you will need to be

0:00:18.800,0:00:24.960

aged 18 or over and referred by the emergency department or ward staff at Wexham Park Hospital

0:00:24.960,0:00:31.040

or Royal Berkshire Hospital. We do not accept self-referrals and would ask that you only attend

0:00:31.040,0:00:38.800

the emergency department or call 999 if there is an emergency situation. For non-urgent concerns,

0:00:38.800,0:00:46.720

please contact your GP. Our team is mainly made up of mental health nurses and psychiatrists, but

0:00:46.720,0:00:53.040

we also have social workers and psychologists, and we work closely with crisis teams and other mental

0:00:53.040,0:00:59.600

health services, police and hospital teams. We cannot help with housing or court proceedings, but

0:00:59.600,0:01:04.800

we may be able to signpost you to more appropriate services while we complete a mental health

0:01:04.800,0:01:12.880

assessment with you. We can liaise with community mental health services and make referrals to them.

0:01:12.880,0:01:18.080

When we have received your referral, a mental health professional will meet with you to complete

0:01:18.080,0:01:24.560

a mental health assessment and agree a safety plan with you as well as next steps. It may be

0:01:24.560,0:01:30.320

helpful for us to speak with family and friends to gain additional information. You can find more

0:01:30.320,0:01:37.200

information about the psychological medicine services and what we offer on our web page.