



2025 /2026

NHS

Berkshire Healthcare
Library and Knowledge Service

Training information and dates

The Library and Knowledge Service run a range of training sessions to help improve your skills in finding healthcare information.

All the training is delivered via Microsoft Teams. Face-to-face training is available on request.

Berkshire Healthcare staff can [browse Nexus eLearning](#) for dates of our training sessions and book a place.

Public Health staff can book a place by emailing library.healthcare@berkshire.nhs.uk

Find articles fast!

Want to find articles, books and e-books quickly and easily?

We can help you to find what you need using the NHS Knowledge and Library Hub*. This 30 minute course will show you how to access and request articles, books and e-books via the NHS Knowledge and Library Hub which you can use to inform your practice.

Thursday	11 December 2025	9am - 9.30am
Wednesday	14 January 2026	1.30pm - 2pm
Tuesday	3 February 2026	1pm - 1.30pm
Friday	6 March 2026	9am - 9.30am
Wednesday	1 April 2026	2.30pm - 3pm
Tuesday	12 May 2026	11.30am - 12pm
Thursday	4 June 2026	12.30pm - 1pm
Friday	10 July 2026	9.30am - 10am
Monday	10 August 2026	11am - 11.30am
Wednesday	9 September 2026	1pm - 1.30pm
Tuesday	22 September 2026	10.30am - 11am
Friday	9 October 2026	11.30am - 12pm
Thursday	22 October 2026	2pm - 2.30pm
Monday	2 November 2026	10.30am - 11am
Wednesday	9 December 2026	3.30pm - 4pm

Critical appraisal

You've found an article, but how do you know if it's true or helpful?

This two-hour course will teach you how to evaluate published research.

You'll learn:

- Why it's important to critically look at research.
- The different kinds of studies (like those using numbers or those focusing on experiences).
- How to spot biases that can skew results.
- Common statistical terms you'll encounter.
- How to use a checklist to break down and understand a research paper.

Monday	15 December 2025	1pm - 3pm
Wednesday	11 February 2026	9am - 11am
Wednesday	29 April 2026	9.30am - 11.30am
Monday	22 June 2026	1pm - 3pm
Tuesday	8 September 2026	2pm - 4pm
Friday	16 October 2026	9.30am - 11.30am
Wednesday	2 December 2026	1pm - 3pm

Referencing.

This one-hour course will teach you what referencing is and why it's important for your academic work. You'll learn how to use the Harvard referencing style, and get the answers to any questions you have about referencing.

Wednesday	3 December 2025	10am - 11am
Tuesday	10 February 2026	11am - 12pm
Friday	24 April 2026	2pm - 3pm
Wednesday	10 June 2026	10am - 11am
Tuesday	11 August 2026	3.30pm - 4.30pm
Thursday	1 October 2026	10.30am - 11.30am
Tuesday	20 October 2026	11am - 12pm
Monday	14 December 2026	2pm - 3pm

Health Literacy.

This 90-minute course will teach you about health literacy, its impact on patients and the NHS, and practical techniques to support patients.

Monday	12 January 2026	10.30am - 12pm
Wednesday	18 March 2026	9am - 10.30am
Thursday	7 May 2026	9.30am - 11am
Wednesday	22 July 2026	1.30pm - 3pm
Monday	14 September 2026	10am - 11.30am
Friday	13 November 2026	10am - 11.30am

eLearning

Critical appraisal eLearning

There are 8 modules. Each module will not take more than 30 minutes to do. You can use a module for reference or do them all to get a certificate.

Berkshire Healthcare staff can [access the eLearning via Nexus eLearning](#).

Or you can [access the e-learning modules via elearning for healthcare](#). There's no need to login to access the content. Just click on view and then 'play'. Then choose to 'continue'.

Health literacy eLearning

This is a 35 minute to introduce you to health literacy. At the end of it you will know why health literacy is important. You will be able to use some simple techniques to improve how you communicate with patients, relatives and carers and check their understanding.

Berkshire Healthcare staff can [access the eLearning via Nexus eLearning](#).

Or you can [access the e-learning modules via elearning for healthcare](#). You will need login with your NHS OpenAthens account or an elearning for healthcare (e-LfH) account.