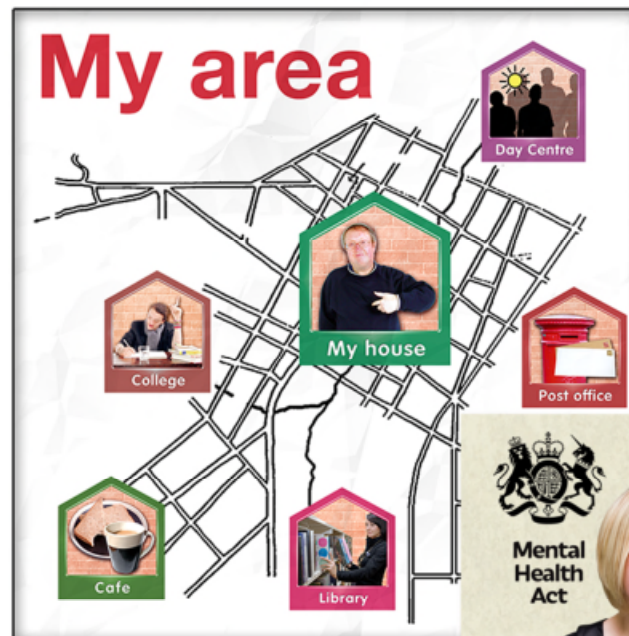


# What is a Community Treatment Order?



Patients Name:	
Doctors Name:	

# What is a Community Treatment Order (CTO)?



A Community Treatment Order (CTO) means that you will be cared for and treated in the community



You do NOT have to stay in hospital



You can live at home

# What does a CTO mean?



Your doctor (the Responsible Clinician) will make a plan as part of the Community Treatment Order for you to follow



This plan will say how you will be looked after in the community



The plan is to help keep you safe and well



The plan will say what rules you have to follow

**The rules are very important and must be followed**

## More about the CTO plan



The doctor must talk to other people who care for you and ask them what they think about your CTO Plan

The doctor will also talk to you about your plan



Your plan will tell you what rules you **MUST** follow to stay living in your house



For example, you may have to take some medicine, or you might have to go to some appointments at the hospital



If you do not want to do what the community treatment plan says, you must tell the doctor

# How long will I be on a CTO?



A CTO can last up to 6 months



The CTO may last longer if your doctor thinks you need more support



If you become unwell or you break the rules of your CTO, the doctor can make you come back into hospital

This is to keep you safe and well



Mental Health Act 1983  
CHAPTER 20

Bringing you back to hospital is called 'Recall to Hospital' under Section 17E of the Mental Health Act

# What if I am unhappy about a CTO?



If you are not happy about your CTO you need to tell your doctor



Your doctor will decide if something different can be done to suit you better



The doctor will make the final decision about whether you need a CTO

## Any questions or comments?



Do you have any questions about your rights and responsibilities?



Is there anything you would like to tell us about our service?



You can speak to your doctor or another member of staff

You can ask the staff or your social worker to help you contact an Advocate



You can speak to our Patient Advice and Liaison Service (PALS)

Telephone: 0118 960 5027

Email: [BHT@berkshire.nhs.uk](mailto:BHT@berkshire.nhs.uk)

# What to do if you are unhappy with our service – how to complain



You can talk to staff, they will try and help you with your problems straight away

You can talk to someone close to you. Perhaps a family member or social worker and ask them to help you complain



You can speak to our Patient Advice and Liaison Service (PALS)

Telephone: 0118 960 5027

Email: [BHT@berkshire.nhs.uk](mailto:BHT@berkshire.nhs.uk)



You can speak to our Complaints Department

Telephone: 01344 415662

Email: [BHCT.complaints@berkshire.nhs.uk](mailto:BHCT.complaints@berkshire.nhs.uk)



You can contact the Care Quality Commission

Telephone: 03000 616161

Email: [enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk)

Care Quality Commission

National Customer Service Centre

Citygate

Gallowgate

Newcastle upon Tyne NE1 4PA

Community Treatment Order - Easy Read v1.0 17-12

This leaflet has been developed by the Learning Disability Service's Speech and Language Therapy Department at Berkshire Healthcare with the involvement of staff and patients at the Campion Unit (September 2017).