

# Training information and dates

**The Library and Knowledge Service run a range of training sessions to help improve your skills in finding healthcare information.**

All the training is delivered via Microsoft Teams. Face-to-face training is available on request.

Berkshire Healthcare staff can [browse Nexus eLearning](#) for dates of our training sessions and book a place.

[elearning.berkshirehealthcare.nhs.uk/](http://elearning.berkshirehealthcare.nhs.uk/)

Public Health staff can book a place by emailing [library.healthcare@berkshire.nhs.uk](mailto:library.healthcare@berkshire.nhs.uk)

## Find articles fast!

**Want to find articles, books and e-books quickly and easily?**

We can help you to find what you need using the NHS Knowledge and Library Hub\*. This 30-minute course will show you how to access and request articles, books and e-books via the NHS Knowledge and Library Hub which you can use to inform your practice.

### 2026

|           |                   |                 |
|-----------|-------------------|-----------------|
| Tuesday   | 28 July 2026      | 3.30pm to 4pm   |
| Monday    | 10 August 2026    | 11am to 11.30am |
| Wednesday | 9 September 2026  | 1pm to 1.30pm   |
| Tuesday   | 22 September 2026 | 10.30am to 11am |
| Friday    | 9 October 2026    | 11.30am to 12pm |
| Thursday  | 22 October 2026   | 2pm to 2.30pm   |
| Monday    | 2 November 2026   | 10.30am to 11am |
| Wednesday | 9 December 2026   | 3.30pm to 4pm   |

### 2027

|          |                  |                 |
|----------|------------------|-----------------|
| Tuesday  | 12 January 2027  | 11am to 11.30am |
| Friday   | 26 February 2027 | 1pm to 1.30pm   |
| Thursday | 4 March 2027     | 9.30am to 10am  |
| Tuesday  | 13 April 2027    | 2.30pm to 3pm   |

|           |                   |                 |
|-----------|-------------------|-----------------|
| Thursday  | 20 May 2027       | 11.30am to 12pm |
| Wednesday | 9 June 2027       | 12.30pm to 1pm  |
| Monday    | 12 July 2027      | 9.30am to 10am  |
| Friday    | 13 August 2027    | 11am to 11.30am |
| Tuesday   | 7 September 2027  | 1pm to 1.30pm   |
| Thursday  | 30 September 2027 | 10.30am to 11am |
| Wednesday | 13 October 2027   | 11.30am to 12pm |
| Friday    | 22 October 2027   | 2pm to 2.30pm   |
| Tuesday   | 9 November 2027   | 10.30am to 11am |
| Thursday  | 9 December 2027   | 3.30pm to 4pm   |

## Critical appraisal

### You've found an article, but how do you know if it's true or helpful?

This two-hour course will teach you how to evaluate published research.

You'll learn:

- Why it's important to critically look at research
- The different kinds of studies (like those using numbers or those focusing on experiences)
- How to spot biases that can skew results
- Common statistical terms you'll encounter
- How to use a checklist to break down and understand a research paper

### 2026

|           |                  |                   |
|-----------|------------------|-------------------|
| Wednesday | 29 July 2026     | 9.30am to 11.30am |
| Tuesday   | 8 September 2026 | 2pm to 4pm        |
| Friday    | 16 October 2026  | 9.30am to 11.30am |
| Wednesday | 2 December 2026  | 1pm to 3pm        |

### 2027

|           |                   |                   |
|-----------|-------------------|-------------------|
| Thursday  | 28 January 2027   | 1.30pm to 3.30pm  |
| Tuesday   | 2 March 2027      | 10am to 12pm      |
| Monday    | 10 May 2027       | 10am to 12pm      |
| Friday    | 23 July 2027      | 1pm to 3pm        |
| Tuesday   | 14 September 2027 | 2pm to 4pm        |
| Wednesday | 6 October 2027    | 9.30am to 11.30am |
| Thursday  | 9 December 2027   | 1pm to 3pm        |

## Referencing

**This one-hour course will teach you what referencing is and why it's important for your academic work.** You'll learn how to use the Harvard referencing style and get the answers to any questions you have about referencing.

### 2026

|          |                  |                    |
|----------|------------------|--------------------|
| Tuesday  | 11 August 2026   | 3.30pm to 4.30pm   |
| Thursday | 1 October 2026   | 10.30am to 11.30am |
| Tuesday  | 20 October 2026  | 11am to 12pm       |
| Monday   | 14 December 2026 | 2pm to 3pm         |

### 2027

|           |                   |                    |
|-----------|-------------------|--------------------|
| Wednesday | 3 February 2027   | 9.30am to 10.30am  |
| Wednesday | 28 April 2027     | 2pm to 3pm         |
| Monday    | 21 June 2027      | 10am to 11am       |
| Thursday  | 5 August 2027     | 1.30pm to 2.30pm   |
| Tuesday   | 28 September 2027 | 10.30am to 11.30am |
| Friday    | 15 October 2027   | 11am to 12pm       |
| Wednesday | 15 December 2027  | 2pm to 3pm         |

## Health Literacy

**This 90-minute course will teach you about health literacy, its impact on patients and the NHS, and practical techniques to support patients.**

### 2026

|           |                   |                 |
|-----------|-------------------|-----------------|
| Wednesday | 22 July 2026      | 1.30pm to 3pm   |
| Monday    | 14 September 2026 | 10am to 11.30am |
| Friday    | 13 November 2026  | 10am to 11.30am |

### 2027

|           |                 |                 |
|-----------|-----------------|-----------------|
| Tuesday   | 19 January 2027 | 1.30pm to 3pm   |
| Wednesday | 10 March 2027   | 9.30am to 11am  |
| Tuesday   | 27 April 2027   | 9.30am to 11am  |
| Friday    | 11 June 2027    | 1.30pm to 3pm   |
| Monday    | 16 August 2027  | 10am to 11.30am |
| Thursday  | 21 October 2027 | 9.30am to 11am  |
| Wednesday | 1 December 2027 | 1.30pm to 3pm   |



# eLearning

## Critical appraisal eLearning

There are 8 modules. Each module will not take more than 30 minutes to do. You can use a module for reference or do them all to get a certificate.

Berkshire Healthcare staff can [access the eLearning via Nexus eLearning](#).

[elearning.berkshirehealthcare.nhs.uk/course/view.php?id=867](https://elearning.berkshirehealthcare.nhs.uk/course/view.php?id=867)

Or you can [access the e-learning modules via elearning for healthcare](#). There's no need to login to access the content. Just click on view and then 'play'. Then choose to 'continue'.

[portal.e-lfh.org.uk/Component/Details/788872](https://portal.e-lfh.org.uk/Component/Details/788872)

## Health literacy eLearning

This is a 35 minute to introduce you to health literacy. At the end of it you will know why health literacy is important. You will be able to use some simple techniques to improve how you communicate with patients, relatives and carers and check their understanding.

Berkshire Healthcare staff can [access the eLearning via Nexus eLearning](#).

<https://elearning.berkshirehealthcare.nhs.uk/course/view.php?id=605>

Or you can [access the e-learning modules via elearning for healthcare](#). You will need login with your NHS OpenAthens account or an elearning for healthcare (e-LfH) account.

[e-lfh.org.uk/programmes/healthliteracy/](https://e-lfh.org.uk/programmes/healthliteracy/)