

# Integrated Therapies Service for children and young people video transcript

0:00:00.880,0:00:08.400

We are the children and young people's integrated therapy service also known by our acronym CYPIT.

0:00:08.400,0:00:13.680

We are a multidisciplinary therapy team that works within the community to support children

0:00:13.680,0:00:20.480

and young people up to the age of 19 years old across Berkshire. Our team includes occupational

0:00:20.480,0:00:27.600

therapists, physiotherapists, speech and language therapists and assistants. We work together with

0:00:27.600,0:00:33.040

children, young people, and their families to understand what is important to them, their

0:00:33.040,0:00:39.040

strengths, and any barriers preventing them from reaching their goals. Where it is identified that

0:00:39.040,0:00:45.040

a child or young person needs our support, we work with them and those closest to them, such as their

0:00:45.040,0:00:51.200

parents, a nursery, or school, to ensure that they

receive the right support for their current needs.

0:00:51.840,0:00:57.600

We believe in supporting children based on the impact of their difficulties at a specific time,

0:00:57.600,0:01:03.200

not on their diagnosis alone. We recognise that needs change and adapt and support

0:01:03.200,0:01:09.600

accordingly. We offer support in multiple ways, including signposting, pre-recorded training,

0:01:09.600,0:01:15.680

advice lines, live workshops, written programs, and face-to-face assessments and treatment.

0:01:16.320,0:01:21.680

We aim to increase the confidence and skills of our community to support children and young

0:01:21.680,0:01:28.160

people to lead independent and fulfilling lives. You can find more information about the children

0:01:28.160,0:01:35.680

and young people's integrated therapy service, who we are, and what we offer on our web page.