

# Psychiatric Intensive Care Unit Service video transcript

0:00:00.320,0:00:06.320

We are the psychiatric intensive care unit service at Prospect Park Hospital in Reading. Our ward is

0:00:06.320,0:00:12.000

called Sorrell and on it we have a multidisciplinary team made up of the responsible clinicians,

0:00:12.000,0:00:17.840

ward doctors, nurse consultants, nurses, healthcare support workers, occupational therapists, clinical

0:00:17.840,0:00:23.600

psychologists, assistant psychologists and activity coordinators. We can provide specialist

0:00:23.600,0:00:29.440

short-term inpatient care if you are experiencing severe mental health difficulties which mean you

0:00:29.440,0:00:35.280

may be at risk to yourself or others. This includes aggression, self harm or suicide.

0:00:35.280,0:00:41.520

We also work with prison transfer transfers. We cannot help with long-term rehabilitation,

0:00:41.520,0:00:46.880

mild to moderate mental health difficulties or neurological disorders. Speak to your community

0:00:46.880,0:00:53.360

mental health team or GP about appropriate services who can help. To access our service,

0:00:53.360,0:00:59.120

you will need to be referred by a healthcare professional or crisis resolution home treatment

0:00:59.120,0:01:05.120

team. We currently do not accept self-referrals. When we have received your referral, our clinical

0:01:05.120,0:01:09.680

team will review your needs and decide whether admission to our service is the most appropriate

0:01:09.680,0:01:15.440

option. If you are brought directly to a hospital by the police, however, you may be assessed under

0:01:15.440,0:01:20.800

the mental health act by an approved mental health practitioner and an independent doctor

0:01:20.800,0:01:26.000

before being referred to our care. If you are admitted, we will offer a full assessment so

0:01:26.000,0:01:31.200

that we can understand your situation and the difficulties you are having. We will create a care

0:01:31.200,0:01:38.160

plan together with you with the aim of eventually moving you onto one of our acute wards. You can find more

0:01:38.160,0:01:44.720

information about the psychiatric intensive  
care unit and what we offer on our web page.