

Common Point of Entry for children and young people service video transcript

0:00:00.720,0:00:06.400

We are the common point of entry service for child and adolescent mental health services

0:00:06.400,0:00:13.840

known as CAMHS common point of entry or simply CAMHS CPE. We are a team of experienced mental health

0:00:13.840,0:00:19.680

professionals that offer advice and assessments to help families access mental health services

0:00:19.680,0:00:25.200

where more specialists support is needed for your child or young person's long-standing or complex

0:00:25.200,0:00:31.600

mental health illnesses. We also have knowledge of services that exist within your borough and we are

0:00:31.600,0:00:37.600

therefore able to offer appropriate signposting advice. It is sometimes assumed that young people

0:00:37.600,0:00:43.600

do not need to be involved in the assessment but their preferences and opinions can be central to

0:00:43.600,0:00:49.120

understanding their difficulties and developing

a plan. Appointments are held face to face at

0:00:49.120,0:00:55.200

one of our clinics across Berkshire or via telephone or online video call. Information

0:00:55.200,0:01:00.880

about making a referral can be found on our web page. We accept referrals from parents,

0:01:00.880,0:01:04.800

guardians, and health and health and social care professionals. We can also

0:01:04.800,0:01:10.480

accept self-referrals from young people over the age of 16. When we have received your referral,

0:01:10.480,0:01:16.640

we will send you a letter which includes helpful links and an explanation about next steps. We

0:01:16.640,0:01:22.160

never decline an appropriate referrals. However, we may suggest alternative services if you feel a

0:01:22.160,0:01:27.520

more intensive intervention from CAMHS is not the right course. Adolescent mental health

0:01:27.520,0:01:32.560

services do receive a lot of referrals for young people with behavioural challenges and

0:01:32.560,0:01:37.760

quite often school-based interventions and guidance would be more appropriate. You can

0:01:37.760,0:01:44.720

find more information about CAMHS common point of entry service and what we offer on our web page.