

## Podiatry Service video transcript

0:00:01.040,0:00:07.840

We are the podiatry service. Our team works closely with nurses, physiotherapists,

0:00:07.840,0:00:15.200

GPs and hospital teams to help people manage their foot health. We treat problems such as wounds,

0:00:15.200,0:00:21.280

infections, ingrown toenails, and structural foot issues. We may be able to help with if you have a

0:00:21.280,0:00:28.000

painful corn or callus that could get worse, but in these cases, we would ask for a photo first.

0:00:28.560,0:00:34.880

There are some things we don't treat like wounds above the ankle, verucas, fungal nail infections,

0:00:34.880,0:00:42.320

or routine nail clipping. We also don't give foot advice, though we can help if shoes have caused

0:00:42.320,0:00:48.960

a wound or an ingrown toenail. If you notice signs of sepsis in your foot, such as redness,

0:00:48.960,0:00:56.880

swelling, pus, please call NHS 111 straight away or go to an urgent care centre. We run clinics

0:00:56.880,0:01:03.200

across Berkshire and we'll do our best to see you as close to home as possible. Sometimes treatments

0:01:03.200,0:01:08.000

are only available in certain clinics and home visits are only available for people who are

0:01:08.000,0:01:14.240

bedbound. Most patients are referred by their GP practice nurse or district nurse. But if

0:01:14.240,0:01:21.520

you have a wound or an infection, you can also self-refer using the online form on our website.

0:01:21.520,0:01:27.120

If podiatry isn't the right place for you for your problem, we'll guide you to another service

0:01:27.120,0:01:33.840

who can help. You can find more information about the podiatry service on our web page.