

Going for an X-Ray

Why am I being sent for an X-Ray?

Following your assessment with an Advanced Physiotherapy Practitioner (APP), you have been sent for an X-Ray to further assess if there is a structural cause for your symptoms.

What is an X-Ray?

An X-ray is a widely used diagnostic test to examine the inside of the body by forming an image. It's a very effective way of looking at the bones and can be used to help detect a range of conditions.

Are there any risks?

X-rays do involve exposure to a small amount of radiation. Depending on the body part being examined, the radiation dose is equal to between a few days and a few years of exposure to the levels that we all receive from natural background radiation. You should speak to your APP if you have concerns about the risks of X-Rays.

If you are, or think you may be pregnant, you must tell the radiographer before being X-rayed as there could be a small risk to an unborn child.

How long will it take?

The process of taking the X-Ray will only be a few minutes. The radiographer might have to take the X-Ray in different positions, depending on the body part.

Radiology Departments where you could have your X-Ray

- **Royal Berkshire Hospital**
(Walk-in: no appointment needed. Open Monday - Friday 9am - 4pm)
- **West Berkshire Community Hospital**
(Walk-in: no appointment needed. Open Monday-Friday 9am-4pm)
- **Bracknell Healthspace** (Appointment required. Open Sunday-Friday 8am- 7pm.
Please call **01344 662928** to leave name and contact details on the answering phone, a member of staff will call back to book your appointment)

How long will I wait to receive my results?

- Once you have had the X-Ray, the images will be viewed and reported on by a Consultant Radiologist. We receive most results within 2 weeks, but this can take up to 4 weeks
- When we receive your results, the APP will contact you by letter or telephone to discuss your results and agree upon the recommended management/ treatment plan
- We might also require to discuss those results with the Spinal Orthopaedic Consultant and await results of other investigations, if requested, prior to contacting you



If you have any questions about your X-Ray, please call the IPASS Team on **0118 904 6139**