

PrEP and PEP explained video transcript

PEP and PrEP

Post-exposure prophylaxis and pre-exposure prophylaxis are preventative medicines to reduce your chances of contracting HIV.

PEP is for people who may have had a one-off exposure to HIV.

PrEP is for people who may be exposed to HIV more frequently.

PEP is a course of anti-HIV medication meant for emergency use after possible exposure to HIV. It must be taken within 72 hours.

PrEP is taken regularly to reduce your risk of HIV when exposed more often.

PrEP is a preventative treatment for those who are HIV negative.

Always wear a condom.

PEP and PrEP don't protect you against other STIs.

PEP and PrEP are only available on prescription.

Call your local sexual health clinic or for PEP visit A&E if the clinics are closed.

PEP can be provided at hospital A&E departments.

PrEP and PEP are free on the NHS.

Visit berkshirehealthcare.nhs.uk/sh