

Eating Disorder Service for children and young people video transcript

0:00:01.360,0:00:07.840

We are the CAMHS eating disorder service. We support children and young people aged 8 to

0:00:07.840,0:00:15.760

18 with eating disorders. Our team is made up of doctors, nurses, therapists, psychologists,

0:00:15.760,0:00:21.680

and dieticians. We work together to understand your needs and help you on your journey to

0:00:21.680,0:00:27.600

feeling better. We also help families and carers and offer advice to schools, GPs,

0:00:27.600,0:00:33.760

and social care teams. Support might include one-to-one therapy, diet and nutrition advice,

0:00:33.760,0:00:40.720

medical checks, and support groups for parents and carers. We accept referrals from GPs, schools,

0:00:40.720,0:00:48.000

children's services, parents, carers, and young people aged 16 and over who wish to self-refer.

0:00:48.000,0:00:54.080

If in the referral, please include details such

as the pattern of weight gain or loss, prescribed

0:00:54.080,0:01:00.480

medication, any relevant family history, and past and present behaviours related to eating, purging,

0:01:00.480,0:01:05.600

and exercise. If you're worried that someone you care about may have an eating disorder,

0:01:05.600,0:01:10.320

but you do not have a relationship that means you can make a referral for them, encourage

0:01:10.320,0:01:17.680

them to get help from someone who can. Assessments usually take place with a parent or carer present.

0:01:17.680,0:01:22.320

so they can also share their views.

Eating disorders can be serious,

0:01:22.320,0:01:28.960

but they are treatable. Getting help early makes a big difference. You can find more

0:01:28.960,0:01:35.600

information about the CAMHS eating disorder service and what we offer on our web page.