

Mental Health Inpatient Services for older people - Service overview

Video transcript

0:00:00.400,0:00:06.000

We are the mental health inpatient service for older people which is made up of Orchid and Rowan

0:00:06.000,0:00:12.320

Ward at Prospect Park Hospital in Reading. We provide specialist assessment, treatment and

0:00:12.320,0:00:18.000

support for people aged 75 and over who are experiencing severe mental health difficulties

0:00:18.000,0:00:23.680

such as depression, psychosis or dementia. We cannot help with complex physical health

0:00:23.680,0:00:30.160

condition, long-term rehabilitation or medical emergencies such as mental health crisis. If you

0:00:30.160,0:00:36.480

need immediate support, please call 999 or go to the nearest accident and emergency department. If

0:00:36.480,0:00:43.600

the situation is urgent but not life-threatening,



you can contact NHS 111. Care on our ward is

0:00:43.600,0:00:48.960

delivered by a multidisciplinary team which means you will see a range of specialists such as

0:00:48.960,0:00:54.720

psychiatrists, nurses, psychologists, occupational therapists and physiotherapists who all work

0:00:54.720,0:01:00.560

together to stabilise mental health, promote physical health wellbeing and support recovery.

0:01:00.560,0:01:06.080

We offer individualised care plans, medication management and psychological therapies,

0:01:06.080,0:01:11.520

occupational and activity based intervention and family involvement with a focus on rehabilitation

0:01:11.520,0:01:17.360

and discharge planning for a smooth transition to community or residential support and ongoing

0:01:17.360,0:01:23.840

aftercare. We do not provide end of life support and care. Your social worker or medical team can

0:01:23.840,0:01:30.320

refer you to a service who can help. To access our service, you will need to be referred by a

0:01:30.320,0:01:34.960



health care professional and assessed by
our crisis resolution and home treatment

0:01:34.960,0:01:40.960

team if you are in crisis. We do not accept
self-referral. You can find more information

0:01:40.960,0:01:49.120

about the mental health inpatient services for
older people and what we offer on our web page.

