

Older People's Mental Health Service video transcript

0:00:01.360,0:00:06.880

We are the older people's mental health service, sometimes referred to as OPMH. We

0:00:06.880,0:00:13.280

can help if you're over the age of 75 and having difficulties with thinking or daily functioning.

0:00:13.280,0:00:19.760

We are a comprehensive community-based service providing specialist assessment and diagnosis,

0:00:19.760,0:00:24.880

neuropsychological assessment, speech and language therapy, psychological interventions,

0:00:24.880,0:00:31.680

post-diagnostic support, specialist intervention, carer support, medication review, and intensive

0:00:31.680,0:00:37.840

crisis support. We can also help if you've been diagnosed with young onset dementia.

0:00:37.840,0:00:43.680

Our teams are made up of a range of specialists including psychiatrists, mental health

0:00:43.680,0:00:51.280

practitioners, psychologists, speech and language

therapist and occupational therapists. We cannot

0:00:51.280,0:00:57.600

help with social care needs such as home or rest
by care. You can self-refer to your local adult

0:00:57.600,0:01:05.600

social care service or your GP can refer you. If
you need urgent support, please contact NHS 111. And

0:01:05.600,0:01:12.800

if you're experiencing a medical emergency such
as delirium, call 999. Appointments are held at

0:01:12.800,0:01:19.600

one of our clinics in your home or via telephone
or on online video call. To access our service,

0:01:19.600,0:01:25.600

you will need to be referred by a GP. We
currently do not accept self-referrals.

0:01:25.600,0:01:30.880

When we've received your referral, we will offer
you an appointment for an initial assessment and

0:01:30.880,0:01:37.120

refer you for further investigations. We will
discuss the care management plan with you which

0:01:37.120,0:01:43.600

may include signposting you to other available
services. You can find more information about

0:01:43.600,0:01:50.400

the older people's mental health service
and what we can offer you on our website.