

# Early Intervention in Psychosis and Mania service for children and young people service video transcript

0:00:01.440,0:00:07.440

We are the children and young people's early intervention in psychosis and mania service also

0:00:07.440,0:00:14.560

known as CAMHS EIP. We are a multi-disciplinary team of experienced specialists set up to support

0:00:14.560,0:00:21.360

young people up to the age of 18 who may be experiencing psychosis or mania or who are

0:00:21.360,0:00:28.960

showing early warning signs. Over 18s should seek support from the EIP service for adults. Signs of

0:00:28.960,0:00:35.360

psychosis may include hallucinations, social or emotional difficulties, and unusual thoughts,

0:00:35.360,0:00:40.960

also known as disordered thinking. Confusion, and finding it hard to concentrate can appear

0:00:40.960,0:00:47.680

alongside these symptoms. Signs of mania or bipolar disorder may include changes in behaviour,

0:00:47.680,0:00:53.360

intense episodes of depression or happiness  
and excitement, very high levels of anxiety,

0:00:53.360,0:01:00.560

and severe sleep disturbance. These symptoms  
may appear alongside hallucinations. We are an

0:01:00.560,0:01:05.040

assertive outreach team, which means we offer  
appointments where required in your home,

0:01:05.040,0:01:08.640

at one of our clinics, in  
community settings, online,

0:01:08.640,0:01:13.840

or over the phone. You will be offered a range  
of evidence-based treatments proven to reduce

0:01:13.840,0:01:19.920

the risk of developing a long-term psychotic  
disorder. We do not provide crisis support.

0:01:19.920,0:01:24.880

If you need mental health care urgently, please  
contact the CAMHS rapid response service or

0:01:24.880,0:01:33.040

call NHS 111. You can refer yourself to our  
service or a family member, your GP or another

0:01:33.040,0:01:41.920

healthcare professional made it for you. To start  
a referral, please email [gateway@berkshire.nhs.uk](mailto:gateway@berkshire.nhs.uk)

0:01:41.920,0:01:45.600

When we have received your referral,

a team member will call you and then

0:01:45.600,0:01:49.760

follow up with either a text, email,  
or letter to arrange a face-to-face

0:01:49.760,0:01:54.880

appointment. You can find more information  
about the children and young people's

0:01:54.880,0:02:01.600

early intervention and psychosis and mania  
service and what we offer on our web page.