

Resource 9

Medoris palm protector positioning profile

Recommendations

- Skin must be monitored and hand hygiene completed every day. Ensure nails are cut short. Please monitor palm protectors' condition. If areas show signs of wear or are damaged, do not use.
- Please note to check webspace area between index finger and thumb.
- Monitor patient use. Not to be ingested.
- Wash following label advice (30 gentle cycle or hand wash). Ensure it is fully dry before applying.
- After hand hygiene has been completed, place clean Medoris microbead palm protector in right/left hand.
- Please ensure all digits are placed on top of the grip and the thumb gripping from underneath.
- Please monitor skin in between webspace between thumb and finger, as this can be vulnerable.
- Please monitor skin prior and post placement.
- Stop use immediately if skin integrity changes.
- Do up the strap, it does not need to be done up tightly.
- **Aim for 20-30 mins initially**, then remove if there are no markings of the skin and the wearer can trial one hour at a time. Build up in increments to reach wearing time advised by the issuing therapist.
- Remove for personal care, mealtimes, activities, and nighttime.



Image credit: medoriscare.com

Please replace the above photo with one of the person you care for wearing the product to show suitability.

Please note: The regime is a guide. Use palm protector as tolerated by patient. If skin integrity changes, STOP use immediately and contact relevant services (e.g., GP and/or the Care Home Support Team).

A person's condition can vary during the day, and a risk assessment should be considered prior to moving and handling. Their skin is vulnerable so only leave in this position for the length of time stated in the care plan and continue to monitor skin integrity.

If you have any queries, please contact the patient's healthcare professional or the Care Home Support Team (westcarehomesupport@berkshire.nhs.uk).

Resident name:	Date of birth:	NHS number:
Observations after 10-15 minutes of wearing Medoris microbead palm protector (e.g., redness, marking, bruising):		

Week no.	Wearing period	Recommendations
1-6 weeks	<i>20 mins on and 20 mins off, slowly build up to 1 hour, if tolerated.</i>	<i>If skin integrity changes, STOP use immediately. Please contact CHST and other relevant services.</i>
6-12 weeks	<i>1-2 hours on at a time</i>	

Date	Time on	Time off	Comments (e.g. redness/marking)



@ westcarehomesupport@berkshire.nhs.uk

Service hours: Monday to Friday, 8am – 4pm

berkshirehealthcare.nhs.uk/chst