

# Electroconvulsive Therapy Service video transcript

0:00:00.560,0:00:07.840

We are the electroconvulsive therapy service.  
Electroconvulsive therapy is also known as ECT.

0:00:07.840,0:00:12.400

We are a multi disciplinary clinical team that  
works closely with anaesthetic staff from the

0:00:12.400,0:00:18.720

Royal Berkshire Hospital. We can provide a course  
of ECT. If you've been treated for a severe mental

0:00:18.720,0:00:25.840

illness condition such as depression, catatonia  
or mania which isn't responding to medication or

0:00:25.840,0:00:31.920

other treatments. ECTD is done under general  
anesthetic which means that you'll be asleep

0:00:31.920,0:00:38.400

and it involves delivering an electrically induced  
seizure. The clinic takes place in Pimpanel Suite

0:00:38.400,0:00:44.640

at Prospect Park Hospital. To access our service,  
you will need to be referred by a consultant

0:00:44.640,0:00:51.280

psychiatrist. We do not accept self-referrals.

Before you start treatment, there will be some

0:00:51.280,0:00:58.080

tests we need to carry out, including having an electrocardiogram and having some bloods taken.

0:00:58.080,0:01:03.120

If you have any other illnesses, you may need further tests to make sure it is safe for you to

0:01:03.120,0:01:10.000

have the treatment. The anesthetist will review the results and discuss the anesthetic with you

0:01:10.000,0:01:16.000

and work out a date to start your treatment. If you would like to visit the clinic and discuss

0:01:16.000,0:01:22.320

your treatment before it starts, you're welcome to book an appointment with us to do that. You

0:01:22.320,0:01:30.240

can find more information about electroconvulsive therapy service and what we offer on our web page.