

ASSIST service video transcript

0:00:02.080,0:00:07.760

We are the assertive intervention and stabilisation team known as ASSIST.

0:00:07.760,0:00:13.200

We provide short-term psychologically informed interventions to help people with a personality

0:00:13.200,0:00:19.200

disorder or significant difficulties in managing emotions, relationships, and or

0:00:19.200,0:00:25.680

thoughts and feelings about themselves or others. We offer up to 12 weeks of intensive support

0:00:25.680,0:00:31.280

during times of crisis to help you continue receiving health care in your own home,

0:00:31.280,0:00:36.720

increasing the support you already have. If you're in hospital already, we can support

0:00:36.720,0:00:43.200

your move back to the community so you can continue your treatment at home. We will work

0:00:43.200,0:00:48.480

with you to develop a shared understanding of the difficulties that are affecting your life.

0:00:48.480,0:00:53.440

From this we can work with you to identify what would be most helpful for us to support

0:00:53.440,0:00:58.160

with. It's important to know that ASSIST do not work with you alone.

0:00:58.160,0:01:02.400

We provide additional support alongside your current care team.

0:01:02.400,0:01:06.720

We only accept referrals from professionals involved in your care.

0:01:06.720,0:01:12.400

If you think you could benefit from ASSIST, talk to your named worker or key nurse. We will review

0:01:12.400,0:01:17.120

your referral and contact you directly if we think our service is right for you.

0:01:17.840,0:01:21.920

We may see you together with your named worker or separately depending on what

0:01:21.920,0:01:26.480

you would prefer. You're welcome to have someone with you at your appointment if

0:01:26.480,0:01:34.400

you would like to. You can find more information about ASSIST and what we offer on our web page.