

Resource 11

PCM palm protector positioning profile

Recommendations

- Skin must be monitored daily. If skin shows signs of breakdown, stop use immediately. Please note to check webspace area between index finger and thumb.
- Ensure nails are cut short.
- Hand hygiene completed everyday. Please refer to the Care Home Support Team hand hygiene principles (resource 2) for support.
- Please monitor palm protectors' condition.
- If the palm protector show signs of wear or is damaged, do not use.
- Monitor patient use. Not to be ingested.

Please note: The regime is a guide. Use palm protector as tolerated by patient. If skin integrity changes, STOP use immediately and contact relevant services (e.g., GP and/or the Care Home Support Team).

A person's condition can vary during the day, and a risk assessment should be considered prior to moving and handling.

Their skin is vulnerable so only leave in this position for the length of time stated in the care plan and continue to monitor skin integrity.

If you have any queries, please contact the patient's healthcare professional or the Care Home Support Team (westcarehomesupport@berkshire.nhs.uk).



Image credit:
pressurecaremanagement.co.uk

Please replace the above photo with one of the person you care for wearing the product to show suitability.

Resident name:		Date of birth:	NHS number:
Therapist name:		Date assessed:	
Care home name:		Locality: <input type="checkbox"/> WOK <input type="checkbox"/> RDG <input type="checkbox"/> WB	
Clinician has reviewed PCM Palm Protector after 20-30mins for redness, marking and bruising. What was the outcome?			
Week no.	Wearing period	Recommendations	
1-6 weeks	<i>20 mins on and 20 mins off, slowly build up to 1 hour, if tolerated.</i>	<i>e.g., resident does not tolerant during the day, so place palm protector on at night?</i>	
6-12 weeks	<i>1-2 hours on at a time</i>		
Profile created by:		Date:	
Date	Time on	Time off	Comments (e.g. redness/marking)



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Service hours: Monday to Friday, 8am – 4pm

berkshirehealthcare.nhs.uk/chst