

## Preceptorships at Berkshire Healthcare video transcript

0:00:02.988,0:00:11.600

[Music] so the perception program is a mandatory program for everyone post qualification it is

0:00:11.600,0:00:18.840

really useful to have it's 12 month long and you get to develop your own skills

0:00:18.840,0:00:25.000

I joined my preceptorship programme uh 9 months ago just a few months after joining the trust and

0:00:25.000,0:00:31.720

qualifying and so far it has been really good it's been very supportive and I've been able

0:00:31.720,0:00:38.280

to gain a lot of confidence in my abilities as a newly qualified practitioner so I'm really

0:00:38.280,0:00:44.520

proud of our preceptorship program we have we've achieved a quality mark from NHS England for

0:00:44.520,0:00:48.440

our program and we've been working really hard on that for the last couple of years and

0:00:48.440,0:00:54.400

it's actually mapped to all of the most recent

national drivers as well um with NHS England

0:00:54.400,0:01:01.280

the HCPC and the NMC um so we we deliver a wide range of different professional skills we're a

0:01:01.280,0:01:07.040

multi-professional program so we don't teach clinical skills so we think about um topics

0:01:07.040,0:01:12.480

that are relevant to all Healthcare professionals um that are going to be important for people to

0:01:12.480,0:01:18.440

be able to use in their daily practice the best bits in the preceptorship program so far I

0:01:18.440,0:01:24.720

would say is meeting people in the same role as me working in different settings having

0:01:24.720,0:01:31.600

really interesting conversations and continuing my learning as an OT I found the programme

0:01:31.600,0:01:39.800

really really good I've done two modules so far um working on learning about different

0:01:39.800,0:01:47.520

skills interpersonal skills communication things that will help me going forward in my in

0:01:47.520,0:01:56.840

my career as the first time nurse of course there there were very good things about this wonderful

0:01:56.840,0:02:03.520

exciting new career that I had come into but then there was also a point where I dipped I had a low

0:02:03.520,0:02:11.640

point and what is interesting is when I got to this low point the first person or people that

0:02:11.640,0:02:20.240

I remembered were the people in the preceptorship courses that we were doing in Maidenhead so and I

0:02:20.240,0:02:27.720

was doubtful should I call shouldn't I call but when I called for help the help was available

0:02:27.720,0:02:35.920

through my preceptorship so of link pattern in Maidenhead and it's been absolutely wonderful

0:02:35.920,0:02:45.560

because it has been continuous and it has been helpful and I would recommend that everybody

0:02:45.560,0:02:53.640

everybody takes advantage of the privilege that we have in the preceptorship um uh coordinators

0:02:53.640,0:03:04.000

whoever you find you can speak to because it has been very very helpful for me as an individual