

Phoenix Service for children and young people video transcript

0:00:00.800,0:00:07.120

We are the CAMHS Phoenix Service. We support young people aged 12 to 18 who have moderate

0:00:07.120,0:00:14.160

to severe complex mental health disorders. This includes young people at serious risk of self harm

0:00:14.160,0:00:19.840

or who are experiencing suicidal thoughts, emotional dysregulation, eating disorders,

0:00:19.840,0:00:25.680

or early onset psychosis. We can also support other complex mental health challenges such as

0:00:25.680,0:00:31.280

obsessive compulsive disorder, body dysmorphic disorder, and complex post-traumatic stress

0:00:31.280,0:00:37.600

disorder. We are commissioned as a tier 4 alternative to admission service and operate

0:00:37.600,0:00:42.960

a day hospital. This means our service is not suitable for young people requiring

0:00:42.960,0:00:50.320

overnight care or nasogastric tube feeding or who

present excessive risk to themselves or others.

0:00:50.320,0:00:55.440

Our team is made up of a range of professionals experienced in supporting young people with mental

0:00:55.440,0:01:02.240

health difficulties including psychiatrists, psychologists, social workers, therapists,

0:01:02.240,0:01:09.200

dieticians, nurses and teachers. To access CAMHS Phoenix, your young person needs to be referred.

0:01:09.200,0:01:13.280

Typically, the referral will come from the Berkshire Community CAMHS Services,

0:01:13.280,0:01:18.400

but we also consider referrals from the Thames Valley Provider Collaborative for young people

0:01:18.400,0:01:24.160

who live on the borders of Berkshire. If we accept your young person's referral,

0:01:24.160,0:01:29.920

we will get in touch to offer a date and time for their assessment appointment. We ask that

0:01:29.920,0:01:35.040

the young person attends with a parent or carer who knows their history well.

0:01:35.040,0:01:42.400

You can find more information about the CAMHS Phoenix service and what we offer on our web page.