

Video transcript for 'An IPS service user's journey into employment'

0:00:00.320,0:00:09.920

Today I'd just like to introduce my client, Sian Hobson, who I met in November of 2024. Sian took

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a break from IPS for a short period to focus on her health and her wellbeing with the hope to

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come back to then start focusing on working. But at that time that she was referred over to me,

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she needed to take some time out to focus on herself. Upon coming back in June of this year,

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Sian has secured employment through the support of IPS and is on a very successful journey with IPS

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and she's been actively working with IPS to, sort of, you know, overcome any barriers that might

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come about at work. She's just come along such a long way with really building her confidence and,

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you know, doing very very well at work. I'll

not speak anymore, I'll let Sian share her

0:01:01.040,0:01:08.160

story and she's here with us today. So
can I just, can I, Sian, are you there?

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Yeah, I'm here. Can you hear me?

0:01:10.059,0:01:12.640

We can hear you, Sian. Thank you.

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I'm going to let you take it away, but thank
you, to start with, for joining us today.

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Okay. Thank you so much, Ameera. Thank you
for that wonderful introduction. My name is

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Sian and I'm here just to present some hope in a
case study, obviously, I was, I was a victim of

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suicidal ideation. I was a victim of trauma. I was
actually diagnosed as a schizoaffective disorder.

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This is obviously a case study, so apologies that
this is a trigger warning. There's a few things

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I'll be bringing up that might be a bit difficult
to hear. Essentially, I had a few attempts on,

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essentially, trying to get better. I was in hospital last year and then I met Ameera a

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couple months later, found a job. The job wasn't for me, but Ameera really helped me

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and boosted my confidence. But, unfortunately, I was experiencing such severe anxiety and panic

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attacks and chest pain that I tried to take my own life. And then I admitted myself to hospital

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where I was for 2 months and Ameera helped me in the process of resigning from my other job

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and dealing with the, dealing with the process, and giving me support through,

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through guiding me all of the, through the steps of being, of taking off from that contract.

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Things weren't amazing in hospital, because I attempted again, but through speaking to Ameera

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and through the support of IPS I managed to come out of hospital and, through speaking to her,

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I realised that I'm worth more than just spending

my life in hospital. I'm worth more than. I'm

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looking for a way out. And I actually re-found my faith and I found God and it was through attending

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a church once coming out of a hospital, and being encouraged by IPS and EIP, which is another team

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alongside them, to continue to get involved in the community, to continue to keep pressing forward,

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that I found the will to live again, and it didn't come from within me, it came from the people

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around me in IPS and EIP, and I believe from God. And so what it's like now, several months down

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the line, I'm living a completely different life to what I lived in March. I was recommended by

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someone in my community to apply for a teaching assistant role. And so with Ameera's help,

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and IPS's extreme capability to push me forward and help me get my CV together and get an amazing

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personal statement written down, I managed to submit my application and it was accepted and they

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actually said that my interview stood out, stood out to, in comparison to the other candidates.

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They said I interviewed really well, which was a big shock to me. I'm doing a full-time job,

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which I love. And, it's also been a stepping stone for me to land my dream job, which is teaching

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English in Italy in January. So, I'm going to be doing that and pursuing my dream next year to

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become a teacher through teacher training, which Ameera has been really, really amazingly pushing

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me forward for. And she's been helping me with my personal statement. She's gone above and beyond

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her role and meeting me in person and it's just been incredible to be supported by such an amazing

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team. I think my life is a testament to what's possible, that you can truly overcome suicidal

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ideation, you can overcome, you can really move forward from any position from no matter how low

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you are feeling in life. I used to wake up in the morning wishing I wasn't here and now I'm wishing

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that I'll be here forever. So um I'm really grateful to Ameera and the team for all of their

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unwavering support and I truly believe that this is the best service in the NHS and I think that it

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can achieve wonders for people who really need it. And I was really in a dire position. I was in a

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position that I'd come to out of a lot of trauma, out of being in a cult, out of being ostracised

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by my family, out of having been in homeless shelters. So, all of those things can be overcome

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and suicidal ideation is not something that is permanent which is something I'm so grateful for

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and that's all thanks to the work that Ameera and the team have put in and I really thank every day,

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I thank God for them, and I'm so grateful to be here and be able to share my story and be

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able to confidently move forward in life without having a veil hanging over me or baggage to carry.

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And can I also just say, Sian, that it's also been you, and your confidence that you've got

0:07:00.240,0:07:07.680

yourself to where you are as a person and for you to share your story like that for so many

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people. It's incredible. So, I'm really proud of you and, you know, it's down to you. We've

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just been a small stepping stone to what you're able to achieve. You're an incredible person.

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You've landed your dream job, which we've got some work to do still with that. So, I'll be

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calling you afterwards about that, but just make sure we've got the right package for you,

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but you're very strong, you're very brave, and I'm just so proud of you. You're just,

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you know, I mean, we and by the way, everyone, Sian is at work, so she's taken a little bit of

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time out in her car to attend today. So, and we

have been running a little bit over, but thank

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you so so much, Sian. I really appreciate you.

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Thank you so much. I'm so moved. I just, I would cry happy tears right now,

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but I'm genuinely just so grateful. I don't know.

I don't know how. I've got some tissues here for you.

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But I don't, I really wouldn't be here without you.

0:08:10.880,0:08:17.680

So, truly, this is really life-saving work you're
all a part of and I'm so thankful. Thank you to

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everyone on this call. Thank you for all your time
and the efforts that you do to make people's lives

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worth living because it truly is...

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We'll continue supporting you until you're on that plane.

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Thank you so much.

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And also, can I just mention, Sian will be studying her,
can you just mention where you're studying? I can't.

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I don't want to get it wrong.
Your teacher training course.

0:08:46.320,0:08:53.040

I found my dream school, having worked at eight
different schools, it's the school that suits

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me best and is the best place for me to work.
So, I'm pursuing my dream career of becoming a

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teacher. So, I will be moving to Italy to get some
experience in teaching for six months and then

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following that I'll be doing a PGCE, hopefully.
Fingers crossed, I get in. So, any prayers going

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up would be appreciated. I'll be going to study a
PGCE and getting qualified to teach at Charters,

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which is a school in my local neighbourhood. Yeah.

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Thank you, Sian. Thank you so much.
Really appreciate everything today.

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And you have a lovely day and I'll catch up with you later. Okay. Bye.

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Bye, thank you.
Have a great day.