Information for professionals

NHS
Berkshire Healthcare
NHS Foundation Trust

Neurodiversity Training (Autism and ADHD)

Who is the training for?

Our training has been designed to help all professionals working in Berkshire to recognise, understand and support neurodivergent children and young people.

What does the training aim to achieve?

The training is not designed to turn primary care workers and school staff into experts in the field. The aim of the training is to provide professionals with an increased understanding about supporting neurodiversity.

Information about the training

Our bespoke training can be delivered in a flexible way to suit your team's needs and availability. You can choose if you would like this training delivered in person or online. The training usually takes approximately 1½ - 2 hours per module for the autism training and 4 hours for the ADHD module.

We will try to accommodate your training requests but cannot guarantee availability for specific dates and times. Trainers can travel to GP surgeries, hospitals, schools and other appropriate locations in Berkshire. Sessions are delivered free of charge by specially trained staff.

Modules

- **ADHD**
- **Autism Awareness Part 1**
- **Autism and Mental Health Part 2**

How to request the training

To request training please complete the attached form by clicking on the link below or scanning the QR Code:

CYP NDT Training Request Form

Web forms.office.com/e/fCMEZ4pezs?origin=lprLink

Scan me

If you have any questions or want to speak to a member of our team, please email us at the address below:

@ CYPNDTTraining@berkshire.nhs.uk