

Health Visiting service video transcript

0:00:00.640,0:00:06.640

We are the health visiting service. We lead on the healthy child program which is a framework

0:00:06.640,0:00:12.400

for preventative public health services for children and families. We work closely with

0:00:12.400,0:00:19.520

many other professionals involved in children's healthcare, including midwives, GPs, paediatricians,

0:00:19.520,0:00:26.640

speech and language therapists, voluntary sector organisations and social care services. Our goal

0:00:26.640,0:00:32.880

is to help you provide the best start for your child as they grow and develop. Every family who

0:00:32.880,0:00:38.800

has a child under 5 years of age can access our support. We are often known as the service that

0:00:38.800,0:00:45.120

weighs babies, but this is just a small part of what we do. We support you and your family by

0:00:45.120,0:00:51.040

providing advice and information to support all areas of your child's health, including

0:00:51.040,0:00:58.320

infant feeding, dental hygiene, healthy eating, emotional wellbeing, and school readiness. We

0:00:58.320,0:01:04.080

will arrange to see you individually, in group settings or by providing you with online

0:01:04.080,0:01:11.200

resources before you give birth. and when your baby is 10 to 14 days old, then at 6 to 8 weeks,

0:01:11.200,0:01:17.600

3 months, and 6 months. Developmental reviews take place at 9 to 12 months and after their

0:01:17.600,0:01:23.680

second birthday. Our confidential chat health text line allows you to send us questions and

0:01:23.680,0:01:29.840

we also hold a number of clinics which you can attend with your baby. We are available Monday

0:01:29.840,0:01:36.480

to Friday from 9.00am to 5.00pm except on bank holidays. If you need urgent help,

0:01:36.480,0:01:43.920

please contact 111. If it's an emergency, call 999 or go to accident and emergency. You can find more

0:01:43.920,0:01:50.800

information about the helping service alongside lots of helpful guidance on our web page.