

How will I know if I have Chlamydia? Women



Chlamydia is hard to see.
Some people do not show any signs.

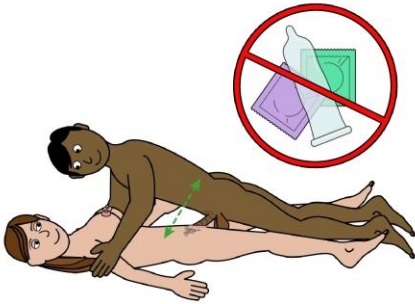
sex



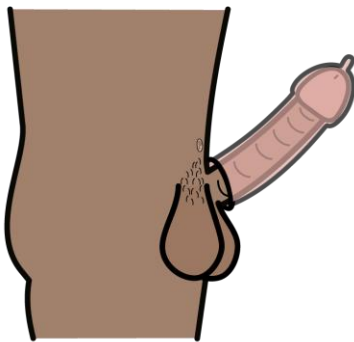
Chlamydia is an infection which one person can give to another through unprotected oral, anal or genital sex.



Men and women can get Chlamydia if you have unprotected sex.



Unprotected sex is when the man or woman doesn't wear a condom

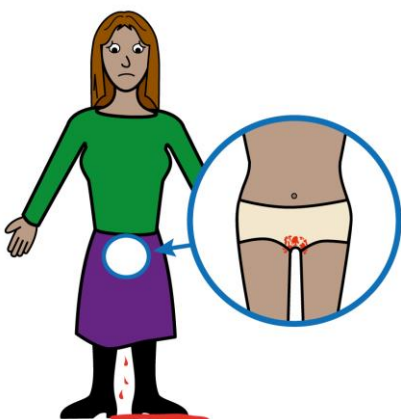


Using condoms every time you have sex can stop you getting Chlamydia.

Using condoms will also stop you getting other infections too.



Some people with Chlamydia have pain in their tummy below the tummy button.

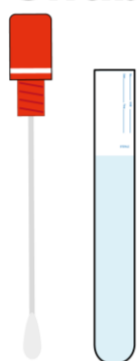


Or pain when peeing, or bleeding in between your period.



Or pain when having sex

swab



To Find out if you have Chlamydia you will need to give a swab sample from inside your lower vagina .

You can do this yourself or the doctor or nurse at the clinic can help you. The swab looks like a cotton bud.

question



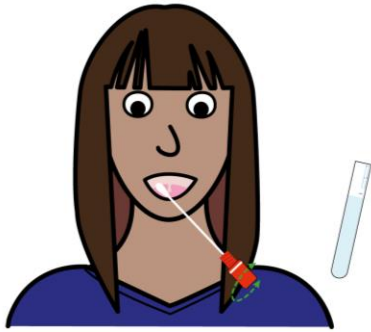
At the surgery or clinic, The Dr's or Nurse will ask you some questions. You can also ask them questions if you have any.



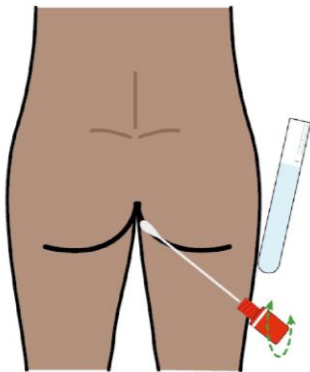
* Image from Sexual Health London

Go to the toilet and gently insert the tip of the swab inside your lower vagina. Wipe the swab around the inside 4 -5 times.

swab mouth



If you are doing a throat swab, put the cotton bud to the back of your throat and wipe the swab around 4-5 times.



If you are doing a bottom swab, put the cotton bud inside your bum hole and turn it around 6 times.



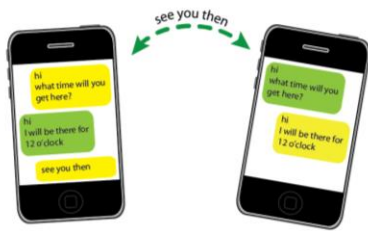
Put the swab cotton tip side down into the container, be careful not to spill the liquid inside the container. Snap the handle on the stick. screw the lid on tight.



Carefully place the container inside the small cupboard next to the toilet or give to the doctor or nurse.

Your swab will be sent away for testing.

text



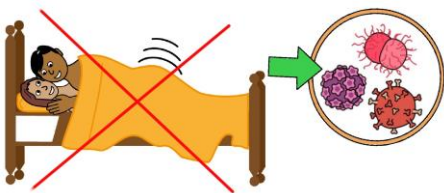
What happens if I have Chlamydia?

You will receive a text or a phone call to inform you of your results.



If Chlamydia is found in your swab you will be given some tablets to take.

It is important that you take all of them.



You should not have any sex while you are taking treatment.

To avoid spreading the infection.

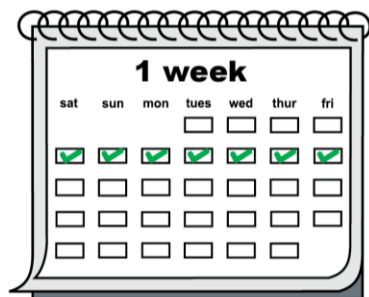
who did I go with



It is important that we know who else you have had sex with.

They may need us to help them too.

1 week



After a week or so the Dr or Nurse will call you to see if you have finished your tablets and check you are feeling better.

How to book an appointment



Scan the QR code to make a booking online.

website



Visit:

www.berkshirehealthcare.nhs.uk/sh

phone



Call 0300 365 7777 Option 1 for Appointments Line.

Lines are open:
Monday to Friday from 10am – 2pm
Wednesdays 10am – 1pm.