

Summary of Open Studies and Studies in Set Up by Service Area in Berkshire Healthcare – for FY2020/21

COVID-19 – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio status	Study end date
<p>Psychological impact of COVID-19 (LC – Emma Donaldson)</p>	<p>This study aims to explore the psychological impact of COVID-19 outbreak and the resultant restrictions in terms of behavioural, emotional and social factors. Questions will be asked of the data collected to see what factors may be supportive or more detrimental to wellbeing. The general public including health professionals and those with pre-existing mental health conditions will be invited to complete the survey.</p>	2020-14	Portfolio	20/04/2021 (recruitment will resume in October 2020)
<p>Enforced social isolation and mental health (LC – Daisy Fancourt)</p>	<p>This will be an online survey of people's experiences of social isolation due to Covid-19.</p>	2020-16	Non-Portfolio	18/05/2021
<p>PRINCIPLE (PI – Dr Sandeep Sandhu)</p>	<p>As yet, there are currently no known treatments for COVID-19 that have been proven to be effective. Our trial aims to evaluate potential treatments as they are identified. To be able to do this, we aim to test one or more suitable, potential treatments for COVID-19, as soon as they become available.</p> <p>We will evaluate drugs that are well known and have been used for many years around the world. We aim to find out whether selected treatments given to those at higher risk of becoming more ill when they are infected with COVID-19 helps reduce the need for hospitalisation and the length of stay required, helps people recover quicker and get fewer complications.</p>	2020-17	Portfolio	31/10/2020
<p>SOLITUDE (PI – Pramod Kumar)</p>	<p>This study will invite people with dementia and their carers to complete three interviews over the phone, during the course of 6 months. This study will identify individuals who may be more deeply affected by social isolation. It will also help us describe the relationship between social isolation and worsening of dementia symptoms. Such findings will allow us to improve care delivery and inform prevention.</p>	2020-27	Portfolio	26/05/2021

<p>Virus Watch (PI – Dr Sanjoo Chengappa)</p>	<p>The Virus Watch study will recruit a community cohort of 25,000 across England. In this population we will measure the frequency of respiratory infection syndromes and related behaviours. Through linkage with NHS Digital, we will measure the impact of infections on hospitalisations and deaths.</p> <p>In a nested sub-cohort of 10,000, we will measure the incidence of PCR confirmable COVID-19, its clinical symptom profiles, the proportion of the population infected after each wave of the pandemic and the protective effect of antibodies acquired through natural infection. In a subset of people, we will conduct a household contact follow up survey & PCR to measure the extent of pre-symptomatic and asymptomatic viral shedding in household contacts.</p> <p>We will also monitor population movement and assess the extent to which public contact increases the risk of infection.</p>	2020-30	Portfolio	30/09/2021
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Dementia – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
<p>Exploring how informal carers of people living with dementia experience and maintain continuing compassion in care (PI - TBC)</p>	<p>This study will explore family carers' experiences of compassion when they are or were caring for someone living with dementia. By compassion, we mean compassion for the self, receiving compassion from others and being compassionate towards others. As part of this project, we will be developing and testing a tool to measure family carers experience of compassion and how caring for someone living with dementia can affect the experience of compassion. We will also be looking to find ways of enhancing family carers experience of compassion and how these can collectively form an intervention to support family carers.</p>	2019-26	Portfolio	In set up
<p>BDR3 (LC – Shani McCoy)</p>	<p>Brains for Dementia Research is a study whereby participants have donated their brains to the research project following their death. In a longitudinal approach, participants are reviewed on an annual basis to understand their cognitive function, physical health and other specified markers which are then paired with brain tissue analysis following harvest of the brain.</p>	2018-14	Portfolio	31/03/2021 (In follow up)
<p>Living well and enhancing active life: The IDEAL-2 study (PI- Nick Woodthorpe)</p>	<p>IDEAL-2 is a longitudinal study utilising questionnaire approach to understand the lived experience of individuals living with dementia and that of their carers. This is a multi-site multi-organisation study that is aiming to build a database of information that can be accessed by researchers in the future. This study is currently in its fourth year coming into the fifth and has produced several research papers from the data collected to date.</p>	2018-17	Portfolio	31/12/2022 (Paused due to COVID)

<p>Clarity-AD (LC - Sarra Blackman)</p>	<p>This is a multinational, multicenter, double-blind, placebo-controlled, parallel-group study using a Bayesian design with response adaptive randomization across placebo or 5 active arms of BAN2401 to determine clinical efficacy and to explore the dose response of BAN2401 using a composite clinical score (ADCOMS).</p>	<p>2019-27</p>	<p>Portfolio</p>	<p>30/11/2020</p>
<p>NIDUS-Family (PI – Leena Reddy)</p>	<p>The study will recruit 297 family/friend carers and people with dementia (dyads) who live at home through memory services, GP practices, home care agencies and Join Dementia Research. 198 participant dyads will be randomly chosen to receive the intervention (NIDUS-family) alongside usual care, and 99 participant dyads will be randomly chosen to receive usual care without NIDUS-family. We will compare if participants who receive NIDUS-family have better outcomes (goal attainment, quality of life, activities of daily living, symptoms and service use) than those who do not receive it at 6 and 12-months.</p>	<p>2020-22</p>	<p>Portfolio</p>	<p>28/02/2023</p>
<p>Measuring the social care outcomes of people with dementia and carers (PI – TBC)</p>	<p>This study will test the ASCOT-Proxy and the ASCOT-Carer with 300 carers of people with dementia living in their own home. People will be invited to complete a paper questionnaire or online survey with an optional brief follow-up questionnaire one week later. The study will be advertised with the help of local authority adult social care departments, carers' organisations and care providers. We will also advertise the study on social media. The information collected will be used to assess whether the questionnaires are easy to complete and measure what they are intended to measure – that is, aspects of people's lives that might be affected by social care services – in a way that is stable over time.</p>	<p>2020-34</p>	<p>Portfolio</p>	<p>In set up</p>

Mental Health – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Autism				
Females with Autism Spectrum Disorder and Borderline Personality disorder – the overlap (PI- Trevor Powell)	SPONSORED STUDY. Using Interpretative Phenomenological Analyse, explore and identify themes around how females with both ASD and BPD perceive self-harm, abandonment and their diagnosis, in order to learn more about the overlapping features of ASD and BPD.	2019-17	Non-Portfolio	30/12/2020
Elucidating the relationship and co-development of sensory reactivity and mental health symptoms in autism (PI -Teresa Tavassoli)	This project will explore if sensory reactivity, such as being oversensitive to sounds, is associated with anxiety and related mental health symptoms. To do so we will follow 100 3-4-year-old autistic children and 100 5-6-year-old autistic children for 5 years.	2019-23	Non-Portfolio	01/05/2023
SPRINT: The Prevalence of Social Communication PROblems in Adult Psychiatric INpaTients (PI – Mary Waight)	Aims: 1) To estimate the prevalence of Autism Spectrum Disorders (ASD's) amongst adults who have been admitted to psychiatric hospitals (including those with intellectual disabilities) population of adult psychiatric inpatients. 2) To examine the association between other mental and physical health conditions in adults who meet diagnostic criteria for ASD's with those who do not meet such criteria (all of whom have been admitted to a psychiatric hospital).	2020-06	Portfolio	01/06/2021 (Paused due to COVID)
Music-assisted programmes (MAP): Developing communication in autism spectrum disorder through music making (PI - TBC)	The proposed research aims to develop a set of music-assisted intervention programmes to increase spoken language ability in 24-60-month-old, nonverbal or minimally verbal children with autism spectrum disorder (ASD).	2020-11	Portfolio	In set up
Investigating differences in social cognition in women with diagnoses of Autism Spectrum Conditions and Emotionally Unstable Personality Disorder (Clinical Psychology Doctorate – Bryony Summerhayes)	This study is looking to understand differences in the thinking styles between women with diagnoses of Emotionally Unstable Personality Disorder (EUPD), compared to women with Autism. It is hoped the findings from the study will contribute to understanding of the difference between EUPD and autism in women, helping to improve the process of diagnosis.	2020-19	Non-Portfolio	31/12/2020

Bipolar				
<p>Imagery Based Emotion Regulation (IBER) (PI - Craig Steel)</p>	<p>SPONSORED STUDY. BHFT have collaborated with the University of Reading to do a study to test whether a psychological therapy, called Imagery Based Emotion Regulation (IBER), can help with the symptoms of anxiety within people already diagnosed with bipolar disorder.</p> <p>Recent research suggests that most people diagnosed with bipolar disorder may also suffer from anxiety, but they rarely get assessed, diagnosed or treated for this part of their mental health.</p>	2018-06	Portfolio	01/11/2020 (In follow up)
Depression				
<p>Genetic Links to Anxiety and Depression (GLAD) (PI - Dr Amir Zamani)</p>	<p>Kings College London will explore genetic and environmental factors associated with risk for depression and anxiety disorders in the UK, to understand these common disorders and help develop better treatments.</p> <p>The participants will be recruited into an existing biobank, the NIHR BioResource for Translational Research in Common and Rare Diseases, a re-contactable biobank. Our recruitment will help towards forming the largest re-contactable biobank of participants diagnosed with or suffering from two very common disorders, depression and anxiety, who will be primarily recruited through an online platform.</p>	2019-13	Portfolio	01/09/2028
<p>An Observational, Prospective UK Study Examining Clinical Outcomes of patients, Carer Burden and Direct Health Care Costs for Patients with Symptoms of Moderate to Severe Major Depressive Disorder (MDD) that have Active Suicidal Ideation with Intent (PI – Sanjoo Chengappa)</p>	<p>COMMERCIAL. Patients observed in this study will be those with a working diagnosis of MDD (or moderate-to-severe depression) and deemed to have active suicidal ideation with intent at the point of enrolment based on the clinical judgment of the healthcare team. Where identified, informal carers of these patients will also be invited to participate in the study to assess carer burden. Patients will be followed for a period of approximately 13 weeks/90 days in total and included carers will also be asked to provide data over the same time period.</p> <p>The end of the study will be the last data collection time point within the study for the last participating patient/ carer. The overall duration of the study, including recruitment and follow up, is expected to be 7 months.</p>	TBC	Portfolio	In set up

Eating Disorders				
<p>TRIANGLE</p> <p>(PI - Dr Elma Ramly)</p>	<p>Our Eating Disorder service is collaborating with King's College London on a project involving patients with anorexia nervosa and their carers.</p> <p>The project investigates whether providing extra information on how to cope with the illness to both patients and carers improves their wellbeing up to 18 months post-admission.</p> <p>The aim is to ensure a smooth transition between inpatient treatment and integration in the community.</p> <p>The project also entails measuring symptom burden with questionnaires at different time points. Patients will be reimbursed for completing the questionnaires.</p>	2017-01	Portfolio	01/06/2021 (In follow up)
<p>The influence of social communication styles and cognitive profiles on restrictive eating disorders in women</p> <p>(Academic Project, PhD - Janina Brede)</p>	<p>This current study aims to assess the role of autism-specific factors for the development and maintenance of restrictive eating disorders (REDs) in autistic individuals, via a comparison of autistic women with AN, women with AN who are not on the autism spectrum, and autistic women who do not have an eating disorder.</p>	2020-02	Portfolio	31/12/2020
<p>An exploration of the relationships between attachment, expressed emotion and early symptom change in family therapy for adolescent anorexia nervosa</p> <p>(Clinical Psychology Doctorate – Francesca Glover)</p>	<p>The study is trying to find out more about why family therapy for Anorexia Nervosa might be more helpful for certain people and less helpful for others. In order to investigate this, we are going to use questionnaire measures to explore the effect of two things on the outcome of treatment:</p> <ol style="list-style-type: none"> 1) Adolescents' emotional bond (or 'attachment') to their main caregiver. 2) The ways in which emotions are communicated ('expressed emotion') between adolescents and their parents. 	2020-03	Non-Portfolio	16/04/2021
<p>Eating Disorders and Social Media</p> <p>(Clinical Psychology Doctorate – Zahra Khaki)</p>	<p>The aim of this study is to understand how people with eating disorders experience social media.</p> <p>There is a lot of talk about social media in the press and we are particularly interested in what the effects of using social media might be. Participants will be asked to complete three questionnaires, then will be asked to scroll through an Instagram feed for 15 minutes, where they will be able to like photos as they wish.</p> <p>Participants will be randomised as to which of the two Instagram feeds they will look at and then will be asked to complete four more questionnaires.</p>	2020-24	Non-Portfolio	01/06/2021

Learning Disabilities				
<p>An evaluation of the psychometric properties of the adapted PHQ-9 and GAD-7 outcome measures for use with adults with intellectual disabilities.</p> <p>(Clinical Psychology Doctorate – Hannah Jenkins)</p>	<p>People with Intellectual Disabilities (ID) have more mental health problems than the general population. They face many barriers to getting help for problems such as depression and anxiety. One barrier is the lack of adapted materials, like questionnaires, to help assess mental health problems in people with ID.</p> <p>Questionnaires are often used in mental health services to assess if people have problems with feeling anxious or depressed and the questionnaires help to check if people are getting better. Some of these questionnaires have been adapted so they are suitable to be used with people with ID.</p> <p>Making adaptations to the questionnaires was part of a previous research project. It is now important to make sure these adapted questionnaires measure what they are supposed to measure (they need to be valid and reliable).</p>	2020-28	Non-Portfolio	30/06/2021
Psychosis				
<p>THRIVE</p> <p>(PI – Gwen Bonner)</p>	<p>A randomised controlled trial comparing Virtual Reality Confidence Building with VR Mental Relaxation for people with fears about others</p>	2018-19	Portfolio	30/12/2020
<p>EYE-2</p> <p>(PI - Katherine Mckinnon)</p>	<p>A randomised controlled trial that aims to evaluate the effectiveness of a team-based intervention in Early Intervention Psychosis teams.</p>	2018-31	Portfolio	01/03/2021
<p>Molecular Genetics of Adverse Drug Reactions (MolGen)</p> <p>(PI- Dr Sharif Ghali)</p>	<p>A biomarker study that aims to define the genetic and non-genetic risk factors predisposing to adverse drug reactions to clozapine.</p>	2013-04	Portfolio	30/04/2021 (Paused due to COVID)
<p>PPiP2</p> <p>(PI- Dr Sanjoo Chengappa)</p>	<p>A study that aims to establish the prevalence of pathogenic antibodies in patients with first episode psychosis.</p>	2017-44	Portfolio	30/11/2022 (Paused due to COVID)
<p>The Game Change Trial</p> <p>(LC – Emma Donaldson)</p>	<p>The gameChange Trial: A randomised controlled trial testing automated virtual reality cognitive therapy for patients with fears in everyday social situations.</p>	2019-22	Portfolio	01/06/2021 (Paused due to COVID)
<p>Hearing Nasty Voices</p> <p>(PI – Sanjoo Chengappa)</p>	<p>The overall purpose of the research is to better understand the problem of hearing derogatory or threatening voices</p>	2020-09	Portfolio	30/04/2021

<p>Does being more satisfied with romantic relationship status increase wellbeing in people who experience psychosis? (LC – Emma Donaldson)</p>	<p>Questionnaire study to measure if increased satisfaction with romantic relationship status is associated with better wellbeing outcomes in people who experience psychosis</p>	<p>2020-04</p>	<p>Portfolio</p>	<p>31/03/2021</p>
<p>PREFER: Patient preferences for voice hearing therapies (LC – Emma Donaldson)</p>	<p>This study aims to explore patient preferences for psychological therapies for the experience of hearing distressing voices</p>	<p>2019-44</p>	<p>Portfolio</p>	<p>31/01/2021</p>
<p>The SleepWell Trial (LC – Emma Donaldson)</p>	<p>New evidence has shown that poor sleep is a causal factor in the development of many mental health problems, including psychosis.</p> <p>Psychosis can have major consequences on psychological wellbeing, physical health, relationships, education, and employment. We would like fewer young people to develop psychosis.</p> <p>As disrupted sleep has proven to be a major causal factor, we have developed a psychological sleep treatment. This has been tested in a small study with 12 young people.</p> <p>The results are highly promising. This trial is a feasibility study, which will test the study procedures and develop the treatment further before we conduct a larger study to test if the sleep treatment works.</p>	<p>2020-32</p>	<p>Portfolio</p>	<p>01/11/2022</p>
PTSD				
<p>OPTYC Online PTSD Treatment for Young People and Carers (LC – Dorothy King)</p>	<p>Post-Traumatic Stress Disorder (PTSD) is prevalent and impairing in children and young people. Effective face to face treatments exist, including Cognitive Therapy for PTSD (CT-PTSD), developed by our group.</p> <p>However, few young people access effective treatments. We are therefore developing a website and smart-phone App that will improve accessibility of this treatment by allowing trained therapists to deliver CT-PTSD over the internet (iCT) to young people (12-17 years old) with PTSD.</p> <p>In this study we want to evaluate iCT. We propose to do this by running a 3-arm randomised controlled trial to compare iCT to face-to-face CT to a Wait List condition.</p>	<p>2020-23</p>	<p>Portfolio</p>	<p>26/02/2022</p>

Self Harm				
<p>Exploring Mental Imagery and Self-Harm in Young People (Clinical Psychology Doctorate – Karima Susi)</p>	<p>The current project aims to investigate the amount and nature of any mental imagery related to self-harm and whether mental imagery strengthens the link between negative feelings before self-harm and completing self-harm primarily using a 20-minute questionnaire but also a 30-60-minute in-depth interview.</p> <p>The findings of the study could help assessment and treatment for young people who self harm</p>	2020-18	Non-Portfolio	30/07/2021
Suicide				
<p>National Confidential Inquiry into Suicide and Homicide by People with Mental Illness (NCISH) (PI – Louis Appleby)</p>	<p>Establishing and regulating working practices for safeguarding the receipt, disclosure and holding of identifiable patient information</p>	2018-38	Portfolio	04/01/2022
<p>Qualitative study with Mental Health Practitioners' (Academic Project, PhD - Zaid Hosany)</p>	<p>The purpose of this study is to understand the views and preferences of staff working in the CRHTT (Mental Health Practitioners, Senior Mental Health Practitioners, Advanced Mental Health Practitioners, Managers, Psychologists and Assistant Psychologists and Psychiatrists) regarding the use of Brief Suicide-specific Psychological Interventions (BSPI) within a Crisis Resolution and Home Treatment Team (CRHTT) service.</p>	2018-36a	Non-Portfolio	06/01/2021
<p>Quantitative study with Mental Health Practitioners (Academic Project, PhD - Zaid Hosany)</p>	<p>The purpose of this study is to evaluate whether a training in brief suicide-specific psychological interventions (BSPI) with Mental Health Practitioners (MHPs) within a Crisis Resolution and Home Treatment Team (CRHTT) service to support suicidal patients produces measurable changes in nursing practice and patient care.</p>	2018-36b	Non-Portfolio	06/01/2021
<p>Suicide by middle aged men (PI - Louis Appleby)</p>	<p>This study will combine multiple sources of information to examine factors related to suicide in this hard-to-reach group, including barriers to accessing services.</p>	2019-28	Portfolio	31/03/2021

IAPT (Talking Therapies)				
The Bigger Picture – IAPT (LC – Emma Donaldson)	This project will identify patient groups at risk of disengagement and/or poor outcome. The follow-up project then will purposively select and interview people in (and working with) these groups to identify associated causal mechanisms, including a focus on positive deviance (services performing better than predicted)	2019-38	Non-Portfolio	01/06/2021
PIPS (PI – Sarah Sollesse)	<p>COMMERCIAL STUDY. We need to develop tools that can improve the precision with which we allocate treatments in psychiatry. Current psychiatric disease classifications (DSM-5, ICD-10) ensure reliable diagnoses across clinicians, but their diagnostic categories do not allow for individual treatment predictions – for example, most patients with major depression do not recover after their first treatment.</p> <p>This project aims to remedy this by using machine learning to develop an algorithm that can quantify how likely an individual is to respond to a range of mental health treatments, specifically in this case, online cognitive behavioural therapy (iCBT)</p>	2020-07	Portfolio	31/12/2021
Improving Access to Psychological Therapy (PI – Sarah Sollesse)	To compare outcomes amongst patients referred to 3 distinct types of low intensity therapy at the Step 2 level of IAPT service: iCBT (SilverCloud), GSH, and Wellbeing	2020-21	Non-Portfolio	01/06/2022
The Watch Study (PI – TBC)	The current study seeks to investigate the acceptance of the use of a smartwatch in an internet-delivered Cognitive Behavioural Therapy (CBT) based intervention for depression. CBT for depression is evidence-based and recommended as first-line treatment in NICE clinical guidelines in the UK.	2020-35	Portfolio	In set up

Non-specific mental health				
<p>Cause and Prevalence of Memory Problems (CAP-MEM) (LC- Stephen Zingwe)</p>	<p>A questionnaire study that aims to explore the cause and prevalence of memory problems in people with mental health, neurodevelopmental and neurodegenerative disorders.</p>	2018-23	Portfolio	30/09/2021
<p>The PROMISE Study (LC – Emma Donaldson)</p>	<p>This study will take two prominent social psychological theories on habit formation and sustained human behaviour change (the theory of planned behaviour and the transtheoretical model), to investigate engagement with the digital mindfulness intervention, Headspace (www.headspace.com).</p> <p>The study sample will consist of NHS employees, a population whom are exposed to high levels of workplace stress. Recent research has shown Headspace to be beneficial in lowering NHS staff stress levels, when compared to another digital health intervention. Staff will be offered one year's free subscription to Headspace and asked to complete two online surveys.</p> <p>The surveys will include questions on different components that make up the theory of planned behaviour and the transtheoretical model.</p>	2020-33	Portfolio	31/10/2020
<p>Traumatic childbirth, wellbeing and social identity on new mothers (Clinical Psychology Doctorate – Shama El-Salahi)</p>	<p>A questionnaire study will compare two groups of individuals: 1) women for whom childbirth was traumatic and 2) women for whom childbirth was not traumatic. We predict that traumatic childbirth will reduce the strength of identity as a new mother and lead to lower levels of psychological wellbeing, and that strength of identity as a new mother will partly explain the strength of the relationship between traumatic childbirth and psychological wellbeing.</p>	2020-36	Non-Portfolio	In set up

Children and Young People (CYP) – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
STANDARDISED Diagnostic Assessment for children and adolescents with emotional difficulties (STADIA): (PI- Tamsin Marshall)	Population: Children and young people (age 5-17 years) presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS). The aim of the study is to evaluate the clinical and cost effectiveness of a standardised diagnostic assessment (SDA) tool as an adjunct to usual clinical care in children and adolescents presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS).	2018-20b	Portfolio	30/04/2022
ASCEND - Evaluating an early social communication interaction for young children with Down Syndrome (PI - Vesna Stojanovik)	SPONSORED STUDY. There are currently no standard interventions for improving the language skills of children with DS under the age of 24 months. Existing research suggests that the earlier an intervention is carried out, the better the outcomes. Evidence also suggests that early parent-based interventions may be effective in improving language outcomes. Our preliminary work shows that an intervention focusing on early social communication skills can lead to better language in children with DS.	2019-11	Portfolio	01/08/2021
Treatment of Panic Disorder in Adolescents (PANDA Study) (PI – Polly Waite)	A research project to compare two talking therapies, that involve working with a therapist one-to-one, for the treatment of panic disorder in young people aged 11-17½ years.	2019-34	Portfolio	30/09/2021

Physical Health Service – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Sexual Health Services				
PrEP Impact Trial Study (PI - Dr Nisha Pal)	The PrEP Impact Trial aims to address outstanding questions about PrEP, eligibility, uptake and duration of use of PrEP though expanding the assessment to the scale required to obtain sufficient data. In addition, the trial will assess under real world conditions the impact of PrEP on new HIV diagnoses and on sexually transmitted infections, compared to historical controls.	2017-30	Portfolio	31/10/2020
Re-Evaluation of Annual Cytology using HPV testing to Upgrade Prevention (REACH UP): a feasibility study in Women Living With HIV (PI - Nisha Pal)	To estimate HPV prevalence in women living with HIV to calculate sample size of the main study.	2019-16	Portfolio	31/01/2021 (In follow up)
Diabetes service				
Startright (Getting the right classification and treatment from diagnosis in adults with diabetes) (PI- Dr Mohammadi Alizera)	Our Diabetes at King Edwards VII are teaming up with University of Exeter Medical school to support recruitment into this study aiming to achieve more accurate early classification of diabetes and identification of which patients will rapidly require insulin treatment. The clinicians will record clinical features and biomarkers that may help to determine diabetes type at diagnosis and follow participants for 3 years to assess the development of severe insulin deficiency (measured using C-peptide) and insulin requirement. Findings will be integrated into a freely available clinical prediction model.	2018-02	Portfolio	30/06/2023 (In follow up)
Exploring patient and healthcare-professional perspectives on barriers and facilitators towards foot self-care practices in diabetes (Academic Project, PhD – Andrew Hill)	This study primarily seeks to explore patient and healthcare-professional perspectives on perceived barriers and facilitators to foot self-care practices in diabetes. In addition, this study will explore whether similarities and/or differences between patient and healthcare-professional perspectives in this context contribute to these barriers and/or facilitators.	2020-08	Non-Portfolio	31/12/2021

Cardiac and Respiratory Specialist Services (CARSS)				
<p>TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD) (PI- Cath Darby)</p>	<p>Our Cardiac and Respiratory Specialist Service is collaborating with Queen Mary University of London Research study for patients with Chronic Obstructive Pulmonary Disease (COPD); also known as chronic bronchitis or emphysema.</p> <p>To investigate the benefits of offering people with moderate to very severe Chronic Obstructive Pulmonary Disease (COPD) and mild or moderate anxiety or depression, the opportunity to receive structured, one to one support and advice delivered by a trained respiratory health care professional (nurse, physio or occupational therapist).</p> <p>The sessions are based on a Cognitive Behavioural approach. COPD can affect many aspects of such patients; breathing difficulties can limit their day-to-day activities and can make them feel worried (anxious) or feel low (depressed).</p>	2018-29	Portfolio	30/06/2021 (In follow up)
Digestion				
<p>Assessing the ecological role of yeast in the gut (Academic Project, PhD - Grace Ward)</p>	<p>This study will analyse the biological and chemical content of the samples. We will analyse the stool samples provided by you, to capture information on the composition of microorganisms present in the gut. The samples will also be analysed using analytical chemistry approaches to study the metabolic activity of the microorganisms.</p> <p>Student project.</p>	2019-24	Non-Portfolio	30/09/2021
Vaccinations				
<p>Fluenz Tetra Enhanced Safety Surveillance Programme 2020-2021 (LC – Charlotte Church)</p>	<p>Children (or their parents/guardians) are eligible to participate in this surveillance if they have received the nasal seasonal flu vaccine, Fluenz Tetra, as part of their routine care in accordance with guidance from the Department of Health.</p>	2020-31	Portfolio	02/03/2021

Non-health related studies – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Data				
EMHEP 3: Efficiency, cost and quality of mental healthcare provision (LC – Emma Donaldson)	This research will analyse the efficiency, cost and quality of mental healthcare provision in the English NHS.	2020-05	Portfolio	30/04/2021
Culture				
The lived experiences of career progression of NHS BME Very/Senior Managers/Executives in South West of England and Greater London (Academic Project, PhD – Stephen Zingwe)	The researcher wishes to examine the experiences of career progression of NHS BME staff working in senior/very senior management positions that are in the South West of England Region and Greater London.	2020-12	Non-Portfolio	31/01/2021