

The other services we offer...

IPASS - Pain and Spinal service

This service may be appropriate if you're suffering from back or neck pain, or persistent pain which has already been investigated.

You can access the service via your GP, Berkshire Healthcare's website or by contacting the team directly. You may be triaged or referred to their service if we feel your symptoms would be more appropriately managed.

Physiotherapy

Physiotherapists specialising in injuries, illness and physical dysfunction relating to bones, muscles, joints and nerves can help to restore physical function by using evidence based practice and an array of techniques.

If you think you may benefit from physiotherapy, discuss a referral with your GP or MSK CSS practitioner.

Patient feedback

Berkshire Healthcare welcomes your feedback, for any comments, compliments or complaints please contact:

Patient advice and Liaison Service (PALS)

Call: **0118 960 5027**

(Mon - Fri 9.30am - 4.30pm, exc. bank holidays)

Email: **bht@berkshire.nhs.uk**

How to contact us

How to access our service

Appointments are run and managed by the MSK CSS team via the service base in Finchampstead.

If you have any enquiries about your referral, or need to rearrange your appointment due to unforeseen circumstances, please contact us.

MSK CSS team

Finchampstead Clinic
474 Finchampstead Road,
Finchampstead, Berkshire
RG40 3RG



Call: **0118 932 4610**

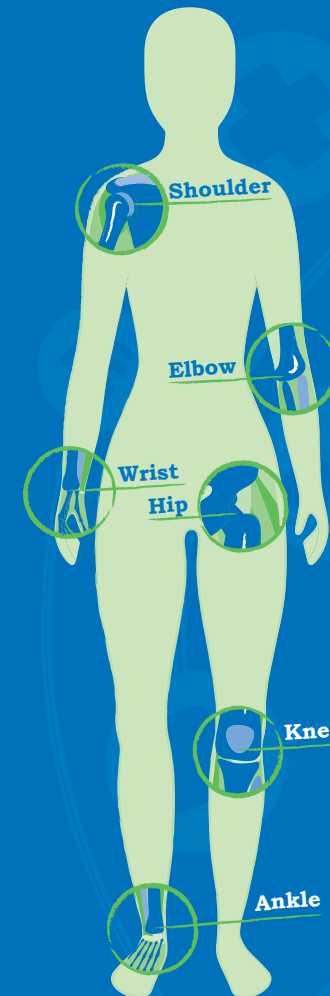
8.30am to 5pm
Monday to Friday



berkshirehealthcare.nhs.uk

For information about translation and accessibility or any other Berkshire Healthcare services please visit our site:

Musculoskeletal Community Specialist Service (MSK CSS)



MSK CSS

We deliver specialist assessments and diagnosis to ensure people with **peripheral joint pain** are directed towards the right pathway of care **quickly**.

About our service

What is MSK CSS

Our specialist service is run by a highly experienced team of advanced practice physiotherapists. They are supported by a team of orthopaedic surgeons and have access to a number of other specialists.

Our goal

- Provide a thorough examination, and arrange any relevant investigations to reach a diagnosis and treatment plan
- Provide easily accessible appointments without unnecessary or inappropriate hospital appointments

What to expect

Your GP has chosen to refer you to our specialist assessment service. All patients referred to us are triaged to determine whether you need to be seen in one of our clinics for assessment. You may be referred straight to Physiotherapy or onto orthopaedics without needing a specialist assessment.

Your appointment

Your appointment will last around 30 minutes.

It will involve:

- Questions about your symptoms, current functioning, and we will address any concerns you may have
- A physical examination - You may therefore need to remove some clothing. Loose clothing is advised to ensure the area we are examining is accessible
- You'll have the opportunity to discuss your problem and ask questions
- We will also discuss with you the possible treatment options available for you

Further tests may be required, in which case these will be followed up and you will be contacted by the clinician.

What's next?

You will receive a letter summarising your appointment and the agreed plan. Depending on the treatment plan and outcome, we will make any necessary onward referrals and this will be indicated on your letter.

Useful to know

Useful information relating to Musculoskeletal problems

- People who remain active have far better outcomes than those who don't
- Hurt does not always equal harm
- Taking regular pain killers may allow you to stay active
- You are not alone: 1 in every 5 GP visits are for an MSK condition

