

## Summary of Open Studies

Here is a summary of the Open Studies we currently have running throughout 2019/20 and beyond.

Studies are presented by service area.

### Dementia – 2019/20 projects

Study title and lead	Summary	Study end date
<b>Nutrition, hydration and care for people with dementia at the end of life: How can we best support family carers?</b>	<p>The aims of this University College London study are to explore carers’ understanding of how best to manage eating and drinking at the end of life for someone with dementia; establishing if there are gaps in their knowledge and also identifying what information Practitioners provide to carers. We will set the scene for developing a carer resource if this appears desirable.</p>	
<b>Exploring and managing dementia in black African and Caribbean Elders</b> <b>PI- Stephen Zingwe</b>	<p>Our Older adult services will collaborate with University College London to conduct a qualitative study with semi-structured interviews and participant observations to explore how people from the UK’s Black ethnic groups and their families and friend carers conceptualise and manage memory problems and dementia, their expectations of and attitudes towards treatment and care, and the lived experience of the individuals with dementia who continue to live independently at home or move to a care home, and their family carers.</p>	<p>End date- 31/12/19</p>
<b>Living well and enhancing active life: The IDEAL-2 study</b> <b>(PI- Nick Woodthorpe)</b>	<p>IDEAL-2 is a longitudinal study utilising questionnaire approach to understand the lived experience of individuals living with dementia and that of their carers. This is a multi-site multi-organisation study that is aiming to build a database of information that can be accessed by researchers in the future. This study is currently in its fourth year coming into the fifth and has produced several research papers from the data collected to date.</p>	<p>End date- 30th June 2020</p>



**Berkshire Healthcare**  
NHS Foundation Trust

<b>Free-Cognitive assessment</b> (PI- Nick Woodthorpe)	A study sponsored by Greater Manchester Mental Health NHS Foundation Trust in order to validate a new cognitive assessment that will be free for all users.	End date- 31st July 2019
<b>BDR3</b> (PI- tbc- previously Gwen Bonner)	Brains for Dementia Research is a study whereby participants have donated their brains to the research project following their death. In a longitudinal approach participants are reviewed on an annual basis to understand their cognitive function, physical health and other specified markers which are then paired with brain tissue analysis following harvest of the brain.	End date- tbc
<b>Alzheimer's Dementia Genetics</b> (PI- Nick Woodthorpe)	ADG is a study run by Cardiff University looking for DNA bio-markers specifically related to Alzheimer's disease. This involves a blood test preferably but samples of saliva can be collected where bloods are not available. Cognitive measures, a quality of life questionnaire and family history are collected in addition to the samples.	End date- March 2020
<b>Dementia with Lewy Bodies Genetic study</b> (PI- Nick Woodthorpe)	DLB Genetic study is a study run by Cardiff University looking for DNA bio-markers specifically related to dementia with Lewy bodies. This is a branch of the original Alzheimer's Dementia Genetics study and has the same samples to be collected including blood test (or saliva where this is not possible), cognitive measures, quality of life questionnaire and family history.	Open



### Anxiety – 2019/20 projects

Study title and lead	Summary	Study end date
<b>Genetic Links to Anxiety and Depression (GLAD)</b>  (PI: Dr Amir Zamani)	Kings College London will explore genetic and environmental factors associated with risk for depression and anxiety disorders in the UK, to understand these common disorders and help develop better treatments.  The participants will be recruited into an existing biobank, the NIHR BioResource for Translational Research in Common and Rare Diseases, a re-contactable biobank. Our recruitment will help towards forming the largest re-contactable biobank of participants diagnosed with or suffering from two very common disorders, depression and anxiety, who will be primarily recruited through an online platform.	End date: 1 <sup>st</sup> September 2028
<b>Bipolar</b>		
<b>Imagery Based Emotion Regulation (IBER)</b>  (PI: Craig Steele)	Berkshire Healthcare Foundation Trust have collaborated with the University of Reading to do a study to test whether a psychological therapy, called Imagery Based Emotion Regulation (IBER), can help with the symptoms of anxiety within people already diagnosed with bipolar disorder. Recent research suggests that most people diagnosed with bipolar disorder may also suffer from anxiety, but they rarely get assessed, diagnosed or treated for this part of their mental health.	End date: 30 <sup>th</sup> September 2020
<b>ADHD</b>		
<b>PROUD</b>  (PI- Dr James Jeffs)	Aims to evaluate the effectiveness of a new intervention to prevent comorbid depression and obesity in ADHD	End date: 30 <sup>th</sup> July 2020



Eating Disorders		
<b>TRIANGLE</b>  (PI: Dr Elma Ramly)	Our Eating Disorder service is collaborating with King's College London on a project involving patients with anorexia nervosa and their carers. The project investigates whether providing extra information on how to cope with the illness to both patients and carers improves their wellbeing up to 18 months post-admission. The aim is to ensure a smooth transition between inpatient treatment and integration in the community. The project also entails measuring symptom burden with questionnaires at different time points. Patients will be reimbursed for completing the questionnaires.	End date: 31 <sup>st</sup> March 2020
Autism		
<b>Autism Spectrum Cohort (ASC-UK)</b>  (PI- Dr Trevor Powell)	A survey that aims to learn more about the lives of adults who are on the autistic spectrum and their relatives	End date: 1 <sup>st</sup> September 2019
<b>Females with co-morbid ASD and BPD: The overlap. Version 1</b>  (PI- Trevor Powell)	In set up	TBC



## Psychosis

<b>Attitudes 2 Voices (A2V)</b> (LC- Emma Donaldson)	A staff survey exploring the factors associated with clinicians' perspectives on hearing voices.	End date: 30 <sup>th</sup> September 2019
<b>THRIVE</b> (LC- Emma Donaldson)	A randomised controlled trial comparing Virtual Reality Confidence Building with VR Mental Relaxation for people with fears about others	End date: 31 <sup>st</sup> January 2020
<b>EYE-2</b> (PI- Katherine Mckinnon)	A randomised controlled trial that aims to evaluate the effectiveness of a team based intervention in Early Intervention Psychosis teams.	End date: 1 <sup>st</sup> March 2021
<b>Molecular Genetics of Adverse Drug Reactions (MolGen)</b> (PI- Dr Sharif Ghali)	A biomarker study that aims to define the genetic and non-genetic risk factors predisposing to adverse drug reactions to clozapine.	End date: 30 <sup>th</sup> April 2021
<b>PPiP2</b> (PI- Dr Sanjoo Chengappa)	A study that aims to establish the prevalence of pathogenic antibodies in patients with first episode psychosis.	End date 1 <sup>st</sup> September 2020
<b>The Game Change Trial</b> (LC – Emma Donaldson)	The gameChange Trial: A randomised controlled trial testing automated virtual reality cognitive therapy for patients with fears in everyday social situations.	End date: 1 <sup>st</sup> June 2021
<b>What are the <u>experiences</u> of people from <i>black and minority ethnic groups</i> with a diagnosis of <i>psychosis</i> leading up to their <i>recovery</i>?</b>	In set up	TBC



### Depression

<b>Genetic Links to Anxiety and Depression (GLAD)</b>  (PI: Dr Amir Zamani)	<p>Kings College London will explore genetic and environmental factors associated with risk for depression and anxiety disorders in the UK, to understand these common disorders and help develop better treatments.</p> <p>The participants will be recruited into an existing biobank, the NIHR BioResource for Translational Research in Common and Rare Diseases, a re-contactable biobank. Our recruitment will help towards forming the largest re-contactable biobank of participants diagnosed with or suffering from two very common disorders, depression and anxiety, who will be primarily recruited through an online platform.</p>	End date: 1 <sup>st</sup> September 2028
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### Schizophrenia

<b>Smoking Cessation Intervention for Severe Mental Ill Health Trial (SCIMITAR): Extended follow up.</b>	To establish the clinical effectiveness of a bespoke smoking cessation intervention compared with usual GP care, for people with severe mental ill health in facilitating smoking cessation.	End date: 31/12/2019
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### IAPT (Talking Therapies)

<b>Understanding SilverCloud Supporter Information Practices &amp; Data Needs</b>  (PI- Sue Scuphum)	In set up	TBC
<b>Internet-delivered CBT intervention for sleep disorder a pilot trial'</b>	In set up	TBC



Children and Young People (CYP) – 2019/20 projects		
Study title and lead	Summary	Study end date
Parental - Adolescent Interactions in Depressed Adolescent (PI- Monika Parkinson)	Parental - Adolescent Interactions in Depressed Adolescent	
A-CAT: Accessing Child Anxiety Treatment Version 1 (PI- Cathy Cresswell)	A-CAT: Accessing Child Anxiety Treatment Version 1 (Tessa Reardon)	
HTA Social Anxiety: Treatment of Social Anxiety Disorder in Adolescents (PI- Cathy Cresswell)	HTA Social Anxiety: Treatment of Social Anxiety Disorder in Adolescents (Sam Pearce)	
Family Factors Depression	tbc	
Therapist Preferences (PI-Cathy Cresswell)	tbc	
Development of Online Treatment	tbc	



<b>Understanding what maintains social anxiety disorder in children</b> (PI- Sam Pearcey)	tbc	
<b>Treatment of adolescent anxiety disorders: the views of clinicians (38000)</b> (PI- Holly Baker)	tbc	
<b>Psychological treatments for anxiety in adolescents: the views of CAMHS clinicians</b> (PI- Holly Baker)	tbc	
<b>Improving language outcomes for infants with Down syndrome</b> (PI- Emma Pagnamenta)	In set up tbc	
<b>STANDARDISED Diagnostic Assessment for children and adolescents with emotional difficulties (STADIA):</b> (PI- Tamsin Marshall)	In set up tbc	



**Physical Health Service – 2019/20 projects**

Study title and lead	Summary	Study end date
<b>All Long-Term Conditions (LTC)</b>		
<b>Psychological risk factors for fatigue in Rheumatoid Arthritis</b>  <b>(PI- Dr Mohammadi Alizera)</b>	The study investigates a number of factors which may influence levels of fatigue, distress and disability in patients with long-term conditions. It specifically focusses on behavioural and psychological factors including quality of sleep, anxiety and depression, beliefs about fatigue and coping strategies.	
<b>Sexual Health Services</b>		
<b>Safetxt</b> (A randomised control trial of a safer sex intervention delivered through mobile phone messaging)  <b>(PI- Dr Nisha Pal)</b>	London School of Hygiene and Tropical Medicine, at the University of London are working with the Sexual Health clinic at Upton Hospital to test whether text messages providing information and tips to increase safer sex helps young people adopt safer sex behaviours. Young people may find the messages helpful and may learn about safer sex behaviours.	
<b>PrEP Impact Trial Study</b>  <b>PI- Dr Nisha Pal</b>	In set up tbc	End date- 1 <sup>st</sup> September 2020
<b>Re-Evaluation of Annual Cytology using HPV testing to Upgrade Prevention (REACH UP): a feasibility study in Women Living With HIV</b>  <b>(PI- Dr Nisha Pal)</b>	In set up tbc	

### Diabetes service

<p><b>Startright (Getting the right classification and treatment from diagnosis in adults with diabetes)</b></p> <p>PI- Dr Mohammadi Alizera</p>	<p>Our Diabetes at King Edwards VII are teaming up with University of Exeter Medical school to support recruitment into this study aiming to achieve more accurate early classification of diabetes and identification of which patients will rapidly require insulin treatment. The clinicians will record clinical features and biomarkers that may help to determine diabetes type at diagnosis and follow participants for 3 years to assess the development of severe insulin deficiency (measured using C-peptide) and insulin requirement. Findings will be integrated into a freely available clinical prediction model.</p>	
<p><b>Embedding Diabetes Education RCT</b></p> <p>PI- Alison Marie Jones</p>	<p>As part of the Embedding Diabetes Education study (an NIHR funded PGfAR) Leicester diabetes centre are going to be working with the Diabetes Education provider team at Berkshire Healthcare NHS Foundation Trust to assess whether the embedding Package reduces HbA1C in patients with type 2 Diabetes Mellitus compared to usual care. Closed</p>	
<p><b>PREM</b></p> <p>PI- Dr Mohammadi Alizera</p>	<p>In set up tbc</p>	

### Cardiac and Respiratory Specialist Services (CARSS)

<p><b>TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD)</b></p> <p>(PI- Katherine Beckford)</p>	<p>Our Cardiac and Respiratory Specialist Service is collaborating with Queen Mary University of London Research study for patients with Chronic Obstructive Pulmonary Disease (COPD); also known as chronic bronchitis or emphysema. To investigate the benefits of offering people with moderate to very severe Chronic Obstructive Pulmonary Disease (COPD) and mild or moderate anxiety or depression, the opportunity to receive structured, one to one support and advice delivered by a trained respiratory health care professional (nurse, physio or occupational therapist). The sessions are based on a Cognitive Behavioural approach. COPD can affect many aspects of such patients; breathing difficulties can limit their day-to-day activities and can make them feel worried (anxious) or feel low (depressed).</p>	
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### Carers

**COPE-Support**  
(PI- Dr Jacqueline Sin)

An interventional study that aims to find out if COPE-support (online resource) works to improve carers' wellbeing and how well they cope with caring.

End date- 28<sup>th</sup>  
February 2020

### Health Control

**Cause and Prevalence of  
Memory Problems (CAP-  
MEM)**  
(PI- Stephen Zingwe)

A questionnaire study that aims to explore the cause and prevalence of memory problems in people with mental health, neurodevelopmental and neurodegenerative disorders.

End date- 30<sup>th</sup>  
September 2021