

Cleaning Re-Usable Enteral Feeding Equipment (Syringes and extension sets) For infants less than 1 year of age

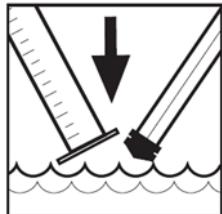
You will receive a supply of re-usable syringes and extension sets for use at home.

These can be re-used for up to **one week**, provided that they are washed, sterilised and dried between each use, following the instructions below.

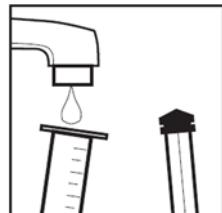
You should have enough syringes to use 1 syringe per feed over the course of the day. You should have enough extension sets to use 2 per week, alternating these between feeds so there is enough time to clean and sterilise them.

After one week's use, the syringes and extension sets should be thrown away and replaced with new ones.

Instructions for cleaning and sterilising Enteral Feeding Equipment (syringes and extension sets)



Separate the syringe and plunger and clean the syringe in warm soapy water.



Separate syringe and rinse with cold tap water and dry with paper towel. Store in dry container.

- After use, clean the syringes and extension sets straight away.
- Place the equipment in warm, soapy water.
- Clean the end of the syringe by drawing soapy water in and out using the plunger, until all traces of feed or medication have been removed.
- Clean through the extension set by drawing soapy water into a syringe and flushing through the extension set, until all traces of feed or medication have been removed.
- Separate the syringe and the plunger and wash thoroughly in warm soapy water.
- Rinse the extension set and both parts of the syringe under the cold water tap. Use a syringe to flush cold water through the extension set.
- Keep the syringe and plunger separate and cold water sterilise the equipment as per the manufacturer's instructions.
- Make sure that the equipment is under the surface of the solution and that there are no air bubbles trapped in the syringes or extension sets.
- Use a syringe to flush sterilising solution into the extension set whilst it is in the solution, to ensure that any air bubbles are removed.
- Leave the equipment in the sterilising solution for at least 30 minutes.
- Change the sterilising solution at least every 24 hours.
- After sterilising, dry with clean, disposable kitchen roll (do not use dishcloths or a tea towel).
- Store the equipment (with the syringes still separated) in a clean, dry container with a lid.

Do not clean in the dishwasher as it can reduce the life of the syringes and extension sets.

After one week's use, or if the syringe or extension set has become damaged or difficult to use, clean the equipment and discard. Dispose in your household rubbish, not in your recycling container.