

Pride Network video transcript

0:00:00.400,0:00:10.800

I am bisexual. I am an ally. I am gay. I am queer and neurodiverse. I am an ally. Pride is about

0:00:10.800,0:00:16.000

celebrating who you are. Uh fundamentally, it's about accepting yourself. The Pride

0:00:16.000,0:00:22.800

Network is very important to me. It allows a place for the LGBTQ plus community to have a

0:00:22.800,0:00:28.960

greater representation and a safe space within the workplace a community we can all band together

0:00:28.960,0:00:36.880

with. And I just personally love it. I joined the Pride and Purple Network because I wanted to know

0:00:36.880,0:00:41.360

there was people out there I could reach out to and get support and advice from. We are allowed

0:00:41.360,0:00:49.440

to express our identities and be our true self. It allows us to have a voice it opens up

0:00:49.440,0:00:56.720

communities and allows for connection and it just shows we're recognised and we're respected.

0:00:56.720,0:01:01.760

I believe in unity. I believe that we can all come together despite our differences and create

0:01:01.760,0:01:07.120

a better whole for everyone. I feel supported and I feel like I'm not on my own. The world is

0:01:07.120,0:01:11.280

made up of all different kinds of wonderful people. Without diversity in the workplace,

0:01:11.280,0:01:15.840

we can't fully represent the people that we work with and do a decent job by them. Joining the

0:01:15.840,0:01:20.880

Pride Network here at Berkshire Healthcare is a great way to get involved with the community. You

0:01:20.880,0:01:25.760

definitely don't have to identify with the Pride Network to become a member.

0:01:25.760,0:01:32.640

if you are an ally to the cause and LGBTQ plus community and a fighter against discrimination,

0:01:32.640,0:01:37.440

you're more than welcome to join. If somebody was thinking about joining the networks,

0:01:37.440,0:01:42.880

I would recommend it so they feel like they have a family at work and they have support available

0:01:42.880,0:01:50.240

whenever they need it. And there is always events
to attend so you never feel like you're alone.