

## Summary of Open Studies and Studies in Set Up by Service Area in Berkshire Healthcare for FY2022/23

COVID-19 – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio status	Study end date
<b>Child Anxiety Treatment in the Context of COVID-19 (CO-CAT)</b> (LC – Emma Donaldson)	This study worked with children, parents, and NHS clinicians to develop a brief online parent-led cognitive behavioural treatment (CBT) delivered by the OSI platform that parents/carers of children with anxiety disorders work through with remote support from a CAMHS therapist. We will now test whether access to the OSI platform together with therapist support works as well as what CAMHS are otherwise offering to help children with anxiety problems (whatever this might be while social distancing measures are in place and in the post COVID-19 recovery phase), and whether OSI as delivered with therapist support brings economic benefits. We will also provide an understanding of parents' and therapists' experiences of digital treatments in CAMHS in the context of COVID-19.	2020-38	Portfolio	31/03/2023
<b>The impact of Care Easements under the Coronavirus Act 2020</b> (LC – Shani McCoy)	Survey looking at the experiences of carers of people living at home with dementia during the COVID-19 pandemic	2022-25	Portfolio	30/06/2022
<b>BASIL-C19</b> (PI – Nick Woodthorpe)	URGENT PUBLIC HEALTH. This COVID study looks at social isolation in older adults.	2021-01	Portfolio	28/02/2022

Dementia – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
<b>NIDUS-Family</b> (PI – Leena Reddy)	The study will recruit 297 family/friend carers and people with dementia (dyads) who live at home through memory services, GP practices, home care agencies and Join Dementia Research. 198 participant dyads will be randomly chosen to receive the intervention (NIDUS-family) alongside usual care, and 99 participant dyads will be randomly chosen to receive usual care without NIDUS-family. We will compare if participants who receive NIDUS-family have better outcomes (goal attainment, quality of life, activities of daily living, symptoms and service use) than those who do not receive it at 6 and 12-months.	2020-22	Portfolio	31/05/2022

<b>Re-AIM PRIDE App</b> (PI – Brian Parsons)	PRIDE-app is an online handbook which covers information on physical, mental, and social health. Topics include keeping healthy, decision-making, and communication. It encourages the user to set activity plans and make positive changes, both of which can help the user to live well with dementia. In this study, we want to explore how the PRIDE-app may support the independence of people living with mild dementia and encourage them to make positive lifestyle changes which improve their quality of life.	2021-24	Portfolio	30/09/2022
<b>DiSCOVERY</b> (LC – Shani McCoy)	A survey for staff members working in or associated with an NHS Recovery College or memory services to tell us about your service and any dementia courses.	2022-17	Portfolio	31/05/2022
<b>Developing Core Outcome Sets for Delirium Trials</b> (LC – Shani McCoy)	PIC. The principal research objective is to gain consensus on two core outcome sets, lists of key outcomes and their measures, that are relevant and important to patients, family members, clinicians, and researchers, to be collected and reported in all future clinical trials investigating 1) delirium prevention; and 2) delirium treatment	2022-34	Portfolio	15/01/2023
<b>Continuing Compassion in Care (CCiC)</b> (LC – Shani McCoy)	The primary aim of this study is to explore family carers experiences of CCiC whilst caring for someone living with dementia and to develop and evaluate a tool that assesses experiences of CCiC. The secondary aim will be use the tool to explore the relationship between family carer experiences of CCiC and psychological wellbeing and potentially harmful behaviours. Finally, this study will design an intervention with family carers and health care professionals for family carers on ways we can support and maintain CCiC whilst caring	2023-06	Portfolio	31/07/2023

Mental Health – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Autism				
<b>Elucidating the relationship and co-development of sensory reactivity and mental health symptoms in autism</b> (PI -Teresa Tavassoli)	This project will explore if sensory reactivity, such as being oversensitive to sounds, is associated with anxiety and related mental health symptoms. To do so we will follow 100 3-4 year old autistic children and 100 5-6 year old autistic children for 5 years.	2019-23	Non Portfolio	01/05/2023

<b>Speech and Language access for preschool children with Autism</b> (Academic Project, PhD - Iona Wood)	This qualitative study aims to provide an in-depth understanding of the individual, service, organisational and structural factors impacting on access to Speech and Language Therapy for preschool children with Autism from the perspective of a range of stakeholders.	2021-03	Non Portfolio	02/06/2023
<b>Sensory App</b> (PI – Teresa Tavassoli)	This NHS England funded project will provide the healthcare community with an easily accessible open resource sensory App that can be used to identify sensory reactivity differences in autistic adults, and provide specific recommendations for healthcare providers.	2022-18	Portfolio	01/10/2022
<b>Improving recognition, understanding and differentiation of autism and personality disorder</b> (PI- Jennie Parker)	Study will recruit 3 sub groups of patients – women with Autism Spectrum Disorder (ASD) and not borderline personality disorder (BPD), women with BPD and not ASD, and women with both conditions. Patients will mostly be recruited from IMPACTT and Neurology directly. Study will involve participants completing questionnaires online	2023-02	Portfolio	01/08/2024
<b>Depression</b>				
<b>Genetic Links to Anxiety and Depression (GLAD)</b> (PI - Dr Amir Zamani)	Kings College London will explore genetic and environmental factors associated with risk for depression and anxiety disorders in the UK, to understand these common disorders and help develop better treatments.  The participants will be recruited into an existing biobank, the NIHR BioResource for Translational Research in Common and Rare Diseases, a re-contactable biobank. Our recruitment will help towards forming the largest re-contactable biobank of participants diagnosed with or suffering from two very common disorders, depression and anxiety, who will be primarily recruited through an online platform.	2019-13	Portfolio	01/09/2028
<b>iPOF</b> (PI – Sara Wise)	We aim to find out: how online mental health forums work; why some work better than others; and why some people find them helpful and others do not. Based on what we find, we will work with stakeholders to develop tools to improve the design and support from online mental health forums	2022-26	Portfolio	31/12/2024
<b>TOGETHER</b> (LC – Emma Donaldson)	The study is looking for practitioners who support young people aged 16-25 to take part in a short online survey. The survey will ask about the professional's experience and their views on supporting young people with mental health problems to increase their social connectedness, through their routine practice or through the implementation of an intervention by non-expert practitioners	2023-04	Portfolio	30/06/2023

<b>Pharmacogenetics (PI – Dr Yousuf Rahimi)</b>	We are researching whether genetic testing is beneficial for people who take antipsychotic medications.	2023-05	Portfolio	01/08/2025
<b>RECOLLECT 2 (LC – Clare Megson)</b>	RECOLLECT stands for Recovery Colleges Characterisation and Testing, and is a programme of research investigating Recovery Colleges. Recovery Colleges are a new approach to supporting people living with mental health problems. This study explores how Recovery Colleges impact students using interviews and focus groups to understand the perspectives of students (both those using and not using mental health services), Recovery College staff, and managers at organisations that host Recovery Colleges such as NHS mental health trusts.	2023-07	Portfolio	01/12/2023
<b>Eating Disorders</b>				
<b>Eating Disorders Genetics Initiative (PI- Elma Ramly)</b>	Online questionnaire and saliva sample looking at environmental and biological factors in those with an eating disorder.	2023-08	Portfolio	01/09/2024
<b>PANOREXIA (PI – Dr Elma Ramly)</b>	(PIC) For this study, we will recruit patients who have been suffering from a DSM-V diagnosis of anorexia nervosa for 3 years or more, and who have found other forms of treatment ineffective. Over a period of 6 weeks, participants who are deemed eligible at screening will partake in 8 study visits, including three psilocybin dosing sessions with varying doses. The maximum dose of psilocybin a participant will receive in a single session is 25 mg. Across these 8 visits, there will also be 2 MRI scans, 5 EEG recordings and a range of psychological measures (questionnaires and interviews). There will be a follow-up period of 12 months following the final study visit	2022-09	Portfolio	30/09/2022
<b>Learning Disabilities</b>				
<b>The Experiences of COVID-19 for People with ID and their Supporters (PI – Jon Codd)</b>	The research question is: What are the experiences of people with ID and their relatives, carers, GP's and other health and social care professionals working with them during the COVID-19 pandemic? For relatives, carers, GP's and other health and social care professionals, the follow up aim is to explore how their experiences has impacted their role in caring/supporting the person/people with ID. The aim is to conduct short video interviews (up to 5-15 minute) and focus groups (20-60 mins) with participants (3-4 participants in each group), transcribe interviews verbatim and analyse using thematic analysis.	2022-02	Non Portfolio	02/10/2023
<b>Safer Online Lives (PI – Aparna Wighe)</b>	This research is investigating internet use and safety for adults with intellectual disabilities.	2021-12	Portfolio	01/03/2023

<b>Online Support Group Use and Wellbeing of Carers of People with ID</b> (PI – Dr Jon Codd)	The research aims to explore the importance of carer networks and peer support as an adjunct to existing service support in health care. The Support Hope and Resources Online Network (SHaRON) is an online support network used across services in Berkshire Healthcare. SHaRON will be implemented with learning disabilities services with a platform for relatives and paid carers initially and then a separate platform for people with an intellectual disability.	2020-20	Non Portfolio	03/02/2023
OCD				
<b>The Open Door Project</b> (PI – Amir Zamani)	It is estimated that between 2-22% of parents in the perinatal period experience perinatal obsessive-compulsive disorder (POCD), with an increased amount experiencing sub-threshold symptoms. This project aims to develop recommendations for how services can increase and improve access to evidence-based psychological support for this population	2023-01	Portfolio	31/05/2023
Paranoia				
<b>Self-Concept in Young People with Paranoia</b> (Clin Psy D – Miriam Kirkham)	In this study we aim to create and validate a questionnaire for young people aged 14 to 25 experiencing paranoia, to measure how they evaluate themselves.	2021-30	Non Portfolio	01/09/2022
<b>SPPaRRO Survey</b> (Survey – David Sher)	The aim of this research is to identify potential research questions for understanding and treating severe paranoia in the context of psychosis	2022-08	Non Portfolio	30/04/2022
Psychosis				
<b>Molecular Genetics of Adverse Drug Reactions (MolGen)</b> (PI- Dr Sharif Ghali)	A biomarker study that aims to define the genetic and non-genetic risk factors predisposing to adverse drug reactions to clozapine.	2013-04	Portfolio	30/04/2026
<b>PPiP2</b> (PI- Dr Sanjoo Chengappa)	A study that aims to establish the prevalence of pathogenic antibodies in patients with first episode psychosis.	2017-44	Portfolio	30/11/2027
<b>What are the experiences of people from black and minority ethnic groups with a diagnosis of psychosis leading up to their recovery?</b> (Staff project – Ranjan Baruah)	The intent of the proposed study is to learn about patients experiences with a diagnosis of psychosis from different ethnic backgrounds who has attained recovery.	2019-18	Non Portfolio	31/03/2024

<b>Getting physically active</b> <b>(PI – Nicola Collett)</b>	People who experience psychosis spend too much time being physically inactive (sitting down for too long and not exercising enough). In order to design effective interventions we need to have a good understanding of what helps and hinders physical activity. Participants will be people who have lived experience of psychosis, people caring for someone who has psychosis and people who treat them in a care team and will be invited to take part in a 90 minute focus group.	2022-01	Portfolio	01/06/2022
<b>STAR</b> <b>(LC – Emma Donaldson)</b>	PIC. Our aim is to look at whether a specific talking therapy to help with the extreme psychological aftermath of having experienced a trauma (Post-Traumatic Stress Disorder; PTSD) is effective in people with psychosis (whose symptoms include hearing voices and having unusual beliefs). Many such individuals have had multiple traumatic experiences, both in childhood and adulthood. Around 15% develop PTSD as a result, for instance constantly feeling fearful or on edge, having nightmares and 'flashbacks', where the event is relived in the here and now. Recent small studies, including by our group, have shown that therapies focusing on the trauma can be safe and helpful in people with psychosis symptoms. We aim to find out in a definitive study whether this therapy reduces PTSD and other symptoms, is safe and acceptable, and how much it costs	2022-20	Portfolio	30/11/2024
<b>Predictors of post-traumatic stress after first episode psychosis</b> <b>(Clin Psy D – Eimear Galvin)</b>	This study will explore whether people who have negative thoughts about themselves and the world, or thoughts of self-blame regarding the psychosis, are more likely to develop persistent post-traumatic stress symptoms.	2022-19	Non Portfolio	27/05/2023
<b>Digital Health Tools in Psychosis</b> <b>(PI – Nicole Collett)</b>	This survey wishes to understand what service users and staff think about using digital devices like a smartphone (e.g. Android phone or iPhone) or wearable device (e.g. Fitbit or smart watch) to help manage mental health. We want to understand the overall views on this topic and how digital devices are used.	2022-30	Portfolio	01/03/2024
<b>The Phoenix VR Trial</b> <b>(PI – Nicola Collett)</b>	The purpose of the study is to find out whether people are satisfied with the new VR therapy, if it is easy to use, and whether it may help increase self-confidence. Phase 1 will assess users satisfaction with the VR therapy and Phase 2 is a randomised control trial where users will either use the VR therapy or treatment as usual	2022-31	Non Portfolio	30/06/2024
<b>PTSD</b>				
<b>Internet treatment for PTSD in IAPT (OVERCOME-PTSD)</b> <b>(Anke Ehlers)</b>	This study is primarily auditing the effectiveness of iCT-PTSD (an internet-based version of trauma-focused cognitive therapy) in routine clinical practice.	2021-05	Non Portfolio	31/08/2022

<b>Mental defeat in interpersonal and non interpersonal traumas</b>  (Clinical Psychology Doctorate – Rachel Ashwick)	This study aims to look at how the type and number of traumas someone has experienced may lead to them feeling defeated and struggling more with their PTSD symptoms.	2021-14	Non Portfolio	30/06/2022
<b>The feasibility of a new group intervention to treat postpartum PTSD</b>  (Clinical Psychology Doctorate – Sacha Elledge)	This group aims to add an additional step into the usual treatment pathway for birth trauma, specifically for mothers experiencing high levels of self criticism, in order to improve symptoms and provide them with knowledge and skills to develop a more compassionate mindset and help them to access trauma focus therapy	2021-25	Non Portfolio	01/05/2022
<b>Exploring United Kingdom Veterans' experiences of moral transgressions in service</b>  (Clin Psy D – Holly Edwards)	The study aims to interview UK veterans who are receiving support from the Complex Treatment Service and considered eligible to take part by their clinician, about their experiences of moral injury trauma and analyse the data using Interpretive Phenomenological Analysis.	2022-24	Non Portfolio	29/09/2023
<b>Remotely delivered yoga for military veterans</b>  (PI – Anouk Houdijk)	This study will recruit nine veterans with a diagnosis of Post-Traumatic Stress Disorder (PTSD) for a 10-week yoga class. The class will include short sequences that can be used at home and choices to support individual recovery needs. Participants will provide measures of their distress, their heart beat, their awareness of their body and confidence in managing distressing feelings before, during and after the yoga course.	2022-29	Non Portfolio	01/11/2023
<b>Self Harm</b>				
<b>SafePIT</b>  (PI – Babu Mani)	We want to find out whether a type of brief therapy, psychodynamic interpersonal therapy (PIT), helps people who attend an emergency department (ED) after an episode of self-harm (SH). We are interested in whether PIT helps people reduce future SH, ED attendance and improve their mental health and quality of life. We will also measure costs and potential cost-savings as this is important for the NHS.	2022-15	Portfolio	31/10/2022
<b>Suicide</b>				
<b>National Confidential Inquiry into Suicide and Homicide by People with Mental Illness (NCISH)</b>  (PI – Louis Appleby)	Establishing and regulating working practices for safeguarding the receipt, disclosure and holding of identifiable patient information	2018-38	Portfolio	31/03/2024

<b>Suicide by patients in contact with drug and alcohol services</b> <b>(PI – Sue McLoughlin)</b>	The study is looking at individuals that have died by suicide and their contact with drug and alcohol services prior to their death.	2023-09	Non Portfolio	30/11/2023
<b>IAPT (Talking Therapies)</b>				
<b>PIPS</b> <b>(PI – Sarah Sollesse)</b>	COMMERCIAL STUDY. We need to develop tools that can improve the precision with which we allocate treatments in psychiatry. Current psychiatric disease classifications (DSM-5, ICD-10) ensure reliable diagnoses across clinicians, but their diagnostic categories do not allow for individual treatment predictions – for example, most patients with major depression do not recover after their first treatment. This project aims to remedy this by using machine learning to develop an algorithm that can quantify how likely an individual is to respond to a range of mental health treatments, specifically in this case, online cognitive behavioural therapy (iCBT)	2020-07	Portfolio	30/04/2022
<b>Improving Access to Psychological Therapy</b> <b>(PI – Sarah Sollesse)</b>	This study will look at 4 years' worth of data from an IAPT service to take a deep dive into how iCBT has impacted depression and anxiety, firstly by comparing outcomes to GSH and group wellbeing, and secondly by analysing sociodemographic and clinical covariates associated with these different interventions and their outcomes. This will help understand the effects of iCBT as compared to other similar treatments and in different populations and subgroups, and would help to improve the content and delivery of this innovative form of therapy in future.	2020-21	Non Portfolio	01/06/2022
<b>Service User Views on Digital Health Promotion in Youth Mental Health</b> <b>(LC - Emma Donaldson)</b>	This survey study is designed to gain some initial insights into the potential of mHealth (digital) approaches towards physical health promotion in youth mental health. In particular, the research will examine if/how young people with mental illness currently use mHealth or 'apps' for physical health, what their preferred uses of such technologies would be, and their perspectives on ideal components / features of mHealth interventions for improving their lifestyle and physical well-being.	2021-20	Portfolio	12/12/2022
<b>The role of self-compassion in readiness to engage in treatment and treatment outcomes for OCD</b> <b>(Clinical Psychology Doctorate – Alice Parfitt)</b>	This study will aim to explore whether those with lower self-compassion are less ready to engage in treatment and receive poorer treatment outcomes. This will be explored among adults seeking treatment for mild/moderate OCD in IAPT services. If so, this may provide a target for future treatments to improve the treatment individuals receive, for example by adapting CBT or including alternative treatments to improve outcomes.	2021-21	Non Portfolio	22/07/2023

<b>Mindfulness-Based Cognitive Therapy for IAPT Treatment Non-Responders</b> (PI – Grace Jell)	(PIC) Our research will investigate whether Mindfulness-Based Cognitive Therapy (MBCT), a group-based treatment combining intensive training in mindfulness meditation and cognitive therapy, can effectively reduce symptoms and lead to sustained recovery in patients suffering from Major Depressive Disorder who have not sufficiently responded to high-intensity evidence-based therapy and have thus come to the end of the Increasing Access to Psychological Therapies (IAPT) care pathway. It will also test whether the introduction of this treatment can reduce subsequent service use.	2021-18	Portfolio	30/09/2023
<b>Partners3</b> (PI – Colette Selmer)	There are two principal research questions: 1. How can team-based supervision, alongside personalisation and coaching approaches be integrated into practice in the context of a community mental health transformation programme? 2. What enables implementation of the PARTNERS2 service and what are the lessons for policy?	2021-44	Portfolio	31/05/2022
<b>Real world barriers to uptake in digital mental health interventions</b> (PI – Sarah Sollesse)	We are looking specifically at two groups of users - those who visit an open signup website and are undecided about signing up for the intervention, and those who sign up for the intervention and don't return after their initial use. We aim to explore the barriers that prevent users from signing up or progressing with the digital mental health interventions (DMHI). We are also planning to gather contextual information on the user, their reason for initial interest in the DMHI and their intervention pathway, to gain a holistic perspective on the factors that affect sign up and uptake of DMHIs	2022-04	Portfolio	30/04/2022
<b>Psychologists' experiences of building trust in therapy with refugees.</b> (Clin Psy D – Alex Chamberlain)	A variety of barriers exist to successfully engaging refugees. However, an emerging theme in the literature is mistrust of mental health services, which largely stem from a combination of cultural factors and adverse experiences before, during and after their migration to a new country. Although mentioned frequently in research, trust has not been a specific focus of research in this population to date. To expand understanding of this area, this research study would aim to interview psychologists to deepen understanding of their experiences of trust building with refugees in talking therapy.	2022-12	Non Portfolio	01/08/2023
<b>Evaluation of a rumination intervention</b> (PI – Louisa Dosanjh)	The aim of this study is to test an intervention designed to reduce dwelling in a small sample of 14 individuals (case series) who are currently awaiting treatment for PTSD. It will also assess whether the intervention can reduce symptoms of PTSD and low mood. Finally, it will investigate how feasible and acceptable the intervention is for participants	2022-23	Non Portfolio	30/06/2023
<b>Predictors of psychological treatment outcomes for CMHP in IAPT</b> (LC – Louisa Dosanjh)	In this study we want to investigate the predictors of outcome of psychological treatments for CMHP in adults (18+ years) in the IAPT services. Participants will be asked to complete an online questionnaire and two optional cognitive function tests before starting their treatment. The primary outcome measure will be symptom severity for the condition being treated.	2022-28	Portfolio	31/03/2023

Children and Young People (CYP) – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
<b>STANDARDISED Diagnostic Assessment for children and adolescents with emotional difficulties (STADIA)</b> (PI- Tamsin Marshall)	Population: Children and young people (age 5-17 years) presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS). The aim of the study is to evaluate the clinical and cost effectiveness of a standardised diagnostic assessment (SDA) tool as an adjunct to usual clinical care in children and adolescents presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS).	2018-20b	Portfolio	31/12/2023
<b>Ways to Wellbeing</b> (PI – Pauline Peters)	This study aims to examine if lifestyle factors, including diet, sleep, and physical activity, are associated with psychological distress and wellbeing in children and young people. This will help inform treatment and service delivery directions, especially within the local and regional contexts.	2022-11	Non Portfolio	01/01/2024
<b>IVY</b> (PI – Tauseef Medhi)	The main aim of this study is to establish which of the two ways of providing care to youths aged 12 to 18 is better. One way, treatment as usual (TAU), involves usual admission to a psychiatric hospital. The other, Intensive Community Care Service (ICCS), provides treatment at home instead of hospital.	2021-38	Portfolio	31/12/2023
<b>Views and experiences of Intensive Community Treatment</b> (Staff project – Hannah Wilkinson)	This study proposes to fill this gap in the literature as the first qualitative exploration of Intensive Community Treatment for young people’s mental health. Our study will consult those accessing this service: adolescents with acute mental health needs and their caregivers. Qualitative research will enable us to draw out their experiences in rich, narrative depth. Thematic analysis will enable us to identify common themes between adolescents and between their caregivers. In this way, our results have the potential to shed light on which elements of Community Treatment are effective and where improvements could be made	2021-39	Non Portfolio	30/06/2024
<b>EDIFY: Exploring differences in Imagery of the future in young people</b> (Clin Psy D – Alex Lau Zhu)	This study aims to compare future imagery in three groups of young people (aged 10-16): 1) young people with a diagnosis of autism spectrum disorder (ASD); 2) young people with a history of childhood maltreatment; 3) young people without a diagnosis of ASD and without a history of maltreatment. Participants will be recruited from the NHS, the third sector and schools in Oxfordshire. Young people will complete measures assessing voluntary and involuntary future imagery, intellectual functioning, mental health and trauma history. For each young person, a caregiver or keyworker will also complete measures on mental health and developmental history. The study will be conducted via online survey.	2021-40	Non Portfolio	22/09/2022
<b>i-DIGIT</b> (LC- Rosie Murdoch)	Aims to explore how healthcare professionals, service managers and commissioners view the use of digital technologies within children and young people’s mental health services; learn about barriers and facilitators of adopting new digital technologies; and understand how any barriers could potentially be overcome.	2022-32	Portfolio	31/12/2022

Physical Health Service – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
<b>Continance</b>				
<b>The Multicath Trial (PI – Melanie Wright)</b>	(PIC) The MultiCath trial is about finding out whether people who use intermittent catheterisation (IC) to empty their bladder experience no more urinary tract infections reusing some of their catheters than they would using their standard care single use catheters	2021-41	Portfolio	30/04/2023
<b>COPD</b>				
<b>Strength assessment and strength training in pulmonary rehabilitation (Student project, PhD – Kate Pittaccio)</b>	This study is a questionnaire-based online survey. It is estimated to take about 20-25 minutes to complete, and participants only have to complete it once. Participants will be practitioners/staff (e.g. service/site leads, physiotherapists, nurses, assistants, and volunteers) who have a job role in PR, either running, managing, or assisting in PR exercise programmes. They will be recruited by several means. Primarily, via NHS Trusts and other organisations who provide PR services across England, but also through relevant professional networks	2021-35	Non Portfolio	03/10/2022
<b>Falls</b>				
<b>Falls and Dancing (LC – Liz Chapman)</b>	We plan to randomly allocate people who recently had a fall to undertake regular movement exercises by either dancing in a group, dancing with a partner or by standard physiotherapy over a period of 12 weeks. We will be measuring muscle strength, balance and confidence in everyday activities and fear of falls before, during and after the start of the project to see which of the various treatments has benefited the patient most.	2022-21	Non Portfolio	31/05/2024
<b>Diabetes service</b>				
<b>ADDRESS II (PI – Cathy Beresford)</b>	The project aims to establish a support system to facilitate future research into type 1 diabetes. The system will consist of a database of individuals with new-onset type 1 diabetes and their siblings who will have consented to be contacted by the study team about future diabetes research. Some participants will have agreed to provide in addition a blood sample for DNA and specific antibody tests.	2020-37	Portfolio	30/04/2024
<b>Sexual Health</b>				
<b>HIS UK (PI – Nisha Pal)</b>	The UK Home-Based Intervention Strategy (HIS-UK) is a behaviour change condom promotion intervention for young men designed to enhance enjoyment of condom-protected intercourse, improve attitudes towards condoms, improve the correct and consistent use of condoms, and thereby reduce the risk of STIs. The programme gives out a kit containing different types of condoms and lubricants and asks men to experiment with the contents at home by themselves following condom use education and training. HIS-UK has two delivery models; digital delivery	2022-14	Portfolio	01/03/2023

	using an interactive website (eHIS), and face-to-face delivered by a trained health professional (proHIS)			
<b>Positive Voices (PI – Nisha Pal)</b>	Positive Voices is a national survey exploring the lives, experiences and healthcare needs of people living with HIV in the United Kingdom.	2016-51	Portfolio	10/10/2022
<b>Collection of samples from women diagnosed with vulvovaginal candidiasis for validation of a vaginal microbiome analysis method (PI – Nisha Pal)</b>	Validate an extraction method to be able to sequence both bacterial and fungal DNA from the same vaginal swab	2022-13	Portfolio	29/07/2022
<b>SACHA (PI – Nisha Pal)</b>	(PIC) The present study is one component of a multi-component research project that sets out to answer the question, "How can health services be best configured in response to the decriminalisation, deregulation and de-medicalisation of abortion to provide quality, evidence-based care for women in the UK?" To address this question, we will conduct a survey of healthcare practitioners in England, Scotland and Wales.	2022-22	Portfolio	31/08/2022
<b>Tissue Viability</b>				
<b>Silver II (PI – Stacey Evans Charles)</b>	Commercial. This is a Post Market Clinical Follow Up Study and the performance data from this study aims to show successful improvement in the signs and symptoms of infection, without re-infection during 6-week treatment and follow up period in certain wound types. It also aims to show product safety, wound healing progression, decrease in participant pain and clinician satisfaction with the Silver II Non-Woven Dressing.	2022-10	Portfolio	31/07/2024

<b>Non-health related studies – 2022/23 projects</b>				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
<b>Staff</b>				
<b>Exploring the implementation of patient safety investigation techniques in mental health trusts in England. (Academic Project, PhD – David Wood)</b>	The aim of this research is to explore the implementation of patient safety investigation techniques in mental health trusts in England. The research aims will be examined by using a mixed methods research design, with the objective of exploring what works well and what could be done differently and better when organisations and staff respond to patient safety incidents. A survey questionnaire will be used as the quantitative research method of choice to evaluate the current state of patient safety investigatory capability.	2021-22	Non Portfolio	29/07/2022

<b>Leading an agile workforce in the NHS</b> <b>(LC- Stephen Zingwe)</b>	<p>To address the research question, "How can leaders effectively meet the needs of workers engaged in agile working in the NHS?" we have four aims, to: 1. develop understanding of NHS agile workers resource and management needs, 2. identify the behaviours of effective NHS leaders in meeting the needs of their agile workforce, 3. understand how to support NHS leaders so that personal and organisational goals are not compromised, and 4. provide recommendations for developing 'agile' leadership training in the NHS. To meet these aims, a qualitative multi-level interview study design will be used.</p>	2021-26	Non Portfolio	31/07/2022
<b>The use of locum doctors in the NHS</b> <b>(LC – Stephen Zingwe)</b>	<p>The aim of this NIHR funded research is to provide evidence on the extent, quality and safety of medical locum practice and the implications of medical locum working for health service organisation and delivery in primary and secondary care in the English NHS.</p>	2021-33	Portfolio	31/08/2022
<b>The context of mental health care decision making</b> <b>(Academic project, PhD, Fritz Handerer)</b>	<p>This study is researching the context of mental health decision-making. We are investigating how different kinds of information are used to make treatment recommendations for patients. How we collect and use information about patients is of pivotal importance to their care. We want to understand how clinicians use information to make decisions. We are inviting you to take part in this study because you make clinical decisions in your everyday work</p>	2021-36	Non Portfolio	17/07/2022
<b>Perceptions of the preceptor role within preceptorship programmes</b> <b>(Clin Psy D – Rachel McMinnis)</b>	<p>Current literature demonstrates a significant bias towards nursing preceptorship (less known about AHP - allied health professional) and also towards evaluations from the perspective of the preceptee. Given the significant role that a preceptor plays, a greater understanding is required into what they know about the program, the role, and how prepared they are for taking this role on. This information can be used to then support programme developing or creating appropriate structures to ensure they continue to meet the needs of the staff they are seeking to support.</p>	2022-07	Non Portfolio	30/06/2022
<b>Religious identities in healthcare groups</b> <b>(Academic Project, PhD – Nicole Abela)</b>	<p>A survey to investigate how the religious identities of medical professionals working for the NHS influence group mood, performance and satisfaction and understand the religious and professional identities of medical professionals and how they are negotiated and interact with each other within the context of the NHS</p>	2022-33	Non Portfolio	15/03/2024
<b>Psychometric evaluation of the ECOS measure</b> <b>(Clin Psy D – Jared Watson)</b>	<p>Staff survey on burnout. This will be done by using the recently developed Emotional Climate in Organisation Scale (ECOS), a 30-item questionnaire that aims to measure the impact of the organisation on an employee's three emotional systems (threat, drive and safety systems). The study will be advertised via Team Brief</p>	2023-03	Non Portfolio	15/11/2023