

Summary of Open Studies and Studies in Set Up by Service Area in Berkshire Healthcare for FY2022/23

Mental Health – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Autism				
Elucidating the relationship and co-development of sensory reactivity and mental health symptoms in autism (PI -Teresa Tavassoli)	This project will explore if sensory reactivity, such as being oversensitive to sounds, is associated with anxiety and related mental health symptoms. To do so we will follow 100 3-4 year old autistic children and 100 5-6 year old autistic children for 5 years.	2019-23	Non Portfolio	01/05/2023
Speech and Language access for preschool children with Autism (Academic Project, PhD - Iona Wood)	This qualitative study aims to provide an in-depth understanding of the individual, service, organisational and structural factors impacting on access to Speech and Language Therapy for preschool children with Autism from the perspective of a range of stakeholders.	2021-03	Non Portfolio	02/06/2023
Improving recognition, understanding and differentiation of autism and personality disorder (PI- Jennie Parker)	Study will recruit 3 sub groups of patients – women with Autism Spectrum Disorder (ASD) and not borderline personality disorder (BPD), women with BPD and not ASD, and women with both conditions. Patients will mostly be recruited from IMPACTT and Neurology directly. Study will involve participants completing questionnaires online	2023-02	Portfolio	01/08/2024
Depression				
Genetic Links to Anxiety and Depression (GLAD) (PI - Dr Amir Zamani)	Kings College London will explore genetic and environmental factors associated with risk for depression and anxiety disorders in the UK, to understand these common disorders and help develop better treatments. The participants will be recruited into an existing biobank, the NIHR BioResource for Translational Research in Common and Rare Diseases, a re-contactable biobank. Our recruitment will help towards forming the largest re-contactable biobank of participants diagnosed with or suffering from two very common disorders, depression and anxiety, who will be primarily recruited through an online platform.	2019-13	Portfolio	30/11/2022

iPOF (PI – Sara Wise)	We aim to find out: how online mental health forums work; why some work better than others; and why some people find them helpful and others do not. Based on what we find, we will work with stakeholders to develop tools to improve the design and support from online mental health forums	2022-26	Portfolio	31/12/2024
TOGETHER (LC – Emma Donaldson)	The study is looking for practitioners who support young people aged 16-25 to take part in a short online survey. The survey will ask about the professional's experience and their views on supporting young people with mental health problems to increase their social connectedness, through their routine practice or through the implementation of an intervention by non-expert practitioners	2023-04	Portfolio	31/03/2023
Learning Disabilities				
Safer Online Lives (PI – Aparna Wighe)	This research is investigating internet use and safety for adults with intellectual disabilities.	2021-12	Portfolio	01/03/2023
The Experiences of COVID-19 for People with ID and their Supporters (PI – Jon Codd)	The research question is: What are the experiences of people with ID and their relatives, carers, GP's and other health and social care professionals working with them during the COVID-19 pandemic? For relatives, carers, GP's and other health and social care professionals, the follow up aim is to explore how their experiences has impacted their role in caring/supporting the person/people with ID. The aim is to conduct short video interviews (up to 5-15 minute) and focus groups (20-60 mins) with participants (3-4 participants in each group), transcribe interviews verbatim and analyse using thematic analysis.	2022-02	Non Portfolio	02/10/2023
OCD				
The Open Door Project (PI – Amir Zamani)	It is estimated that between 2-22% of parents in the perinatal period experience perinatal obsessive-compulsive disorder (POCD), with an increased amount experiencing sub-threshold symptoms. This project aims to develop recommendations for how services can increase and improve access to evidence-based psychological support for this population	2023-01	Portfolio	31/05/2023
Psychosis				
Molecular Genetics of Adverse Drug Reactions (MolGen) (PI- Dr Sharif Ghali)	A biomarker study that aims to define the genetic and non-genetic risk factors predisposing to adverse drug reactions to clozapine.	2013-04	Portfolio	30/04/2026 (Paused)
PPiP2 (PI- Dr Sanjoo Chengappa)	A study that aims to establish the prevalence of pathogenic antibodies in patients with first episode psychosis.	2017-44	Portfolio	30/11/2027

STAR (LC – Emma Donaldson)	Our aim is to look at whether a specific talking therapy to help with the extreme psychological aftermath of having experienced a trauma (Post-Traumatic Stress Disorder; PTSD) is effective in people with psychosis (whose symptoms include hearing voices and having unusual beliefs). Many such individuals have had multiple traumatic experiences, both in childhood and adulthood. Around 15% develop PTSD as a result, for instance constantly feeling fearful or on edge, having nightmares and 'flashbacks', where the event is relived in the here and now. Recent small studies, including by our group, have shown that therapies focusing on the trauma can be safe and helpful in people with psychosis symptoms. We aim to find out in a definitive study whether this therapy reduces PTSD and other symptoms, is safe and acceptable, and how much it costs	2022-20	Portfolio	30/11/2024
Predictors of post-traumatic stress after first episode psychosis (Clin Psy D – Eimear Galvin)	This study will explore whether people who have negative thoughts about themselves and the world, or thoughts of self-blame regarding the psychosis, are more likely to develop persistent post-traumatic stress symptoms.	2022-19	Non Portfolio	27/05/2023
Digital Health Tools in Psychosis (PI – Nicole Collett)	This survey wishes to understand what service users and staff think about using digital devices like a smartphone (e.g. Android phone or iPhone) or wearable device (e.g. Fitbit or smart watch) to help manage mental health. We want to understand the overall views on this topic and how digital devices are used.	2022-30	Portfolio	01/03/2024
The Phoenix VR Trial (PI – Nicola Collett)	The purpose of the study is to find out whether people are satisfied with the new VR therapy, if it is easy to use, and whether it may help increase self-confidence. Phase 1 will assess users satisfaction with the VR therapy and Phase 2 is a randomised control trial where users will either use the VR therapy or treatment as usual.	2022-31	Non Portfolio	01/01/2024
PTSD				
Exploring United Kingdom Veterans' experiences of moral transgressions in service (Clin Psy D – Holly Edwards)	The study aims to interview UK veterans who are receiving support from the Complex Treatment Service and considered eligible to take part by their clinician, about their experiences of moral injury trauma and analyse the data using Interpretive Phenomenological Analysis.	2022-24	Non Portfolio	29/09/2023
Remotely delivered yoga for military veterans (PI – Anouk Houdijk)	This study will recruit nine veterans with a diagnosis of Post-Traumatic Stress Disorder (PTSD) for a 10-week yoga class. The class will include short sequences that can be used at home and choices to support individual recovery needs. Participants will provide measures of their distress, their heart beat, their awareness of their body and confidence in managing distressing feelings before, during and after the yoga course.	2022-29	Non Portfolio	01/11/2023

Suicide				
National Confidential Inquiry into Suicide and Homicide by People with Mental Illness (NCISH) (PI – Louis Appleby)	Establishing and regulating working practices for safeguarding the receipt, disclosure and holding of identifiable patient information	2018-38	Portfolio	31/03/2024
IAPT (Talking Therapies)				
The role of self-compassion in readiness to engage in treatment and treatment outcomes for OCD (Clinical Psychology Doctorate – Alice Parfitt)	This study will aim to explore whether those with lower self-compassion are less ready to engage in treatment and receive poorer treatment outcomes. This will be explored among adults seeking treatment for mild/moderate OCD in IAPT services. If so, this may provide a target for future treatments to improve the treatment individuals receive, for example by adapting CBT or including alternative treatments to improve outcomes.	2021-21	Non Portfolio	22/07/2023
Mindfulness-Based Cognitive Therapy for IAPT Treatment Non-Responders (PI – Grace Jell)	(PIC) Our research will investigate whether Mindfulness-Based Cognitive Therapy (MBCT), a group-based treatment combining intensive training in mindfulness meditation and cognitive therapy, can effectively reduce symptoms and lead to sustained recovery in patients suffering from Major Depressive Disorder who have not sufficiently responded to high-intensity evidence-based therapy and have thus come to the end of the Increasing Access to Psychological Therapies (IAPT) care pathway. It will also test whether the introduction of this treatment can reduce subsequent service use.	2021-18	Portfolio	30/09/2023
Psychologists' experiences of building trust in therapy with refugees. (Clin Psy D – Alex Chamberlain)		2022-12	Non Portfolio	01/08/2023
Predictors of psychological treatment outcomes for CMHP in IAPT (LC – Louisa Dosanjh)	In this study we want to investigate the predictors of outcome of psychological treatments for CMHP in adults (18+ years) in the IAPT services. Participants will be asked to complete an online questionnaire and two optional cognitive function tests before starting their treatment. The primary outcome measure will be symptom severity for the condition being treated.	2022-28	Portfolio	31/03/2023
Evaluation of a rumination intervention (PI – Louisa Dosanjh)	The aim of this study is to test an intervention designed to reduce dwelling in a small sample of 14 individuals (case series) who are currently awaiting treatment for PTSD. It will also assess whether the intervention can reduce symptoms of PTSD and low mood. Finally, it will investigate how feasible and acceptable the intervention is for participants	2022-23	Non Portfolio	31/03/2023

Children and Young People (CYP) – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
STANDARDISED Diagnostic Assessment for children and adolescents with emotional difficulties (STADIA) (PI- Tamsin Marshall)	Population: Children and young people (age 5-17 years) presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS). The aim of the study is to evaluate the clinical and cost effectiveness of a standardised diagnostic assessment (SDA) tool as an adjunct to usual clinical care in children and adolescents presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS).	2018-20b	Portfolio	31/12/2023 (In follow up)
Ways to Wellbeing (PI – Pauline Peters)	This study aims to examine if lifestyle factors, including diet, sleep, and physical activity, are associated with psychological distress and wellbeing in children and young people. This will help inform treatment and service delivery directions, especially within the local and regional contexts.	2022-11	Non Portfolio	01/01/2024
IVY (PI – Tauseef Medhi)	The main aim of this study is to establish which of the two ways of providing care to youths aged 12 to 18 is better. One way, treatment as usual (TAU), involves usual admission to a psychiatric hospital. The other, Intensive Community Care Service (ICCS), provides treatment at home instead of hospital.	2021-38	Portfolio	30/06/2023

Physical Health Service – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Continece				
The Multicath Trial (PI – Melanie Wright)	(PIC) The MultiCath trial is about finding out whether people who use intermittent catheterisation (IC) to empty their bladder experience no more urinary tract infections reusing some of their catheters than they would using their standard care single use catheters	2021-41	Portfolio	30/04/2023
Falls				
Falls and Dancing (LC – Liz Chapman)	There is some evidence that dance may reduce the number of falls that a person has. However, no one has previously looked at whether dancing with a partner or without a partner has any advantage over receiving general physiotherapy advice for improving strength and balance. We plan to randomly allocate people who recently had a fall to undertake regular movement exercises by either dancing in a group, dancing with a partner or by standard Full Set of Project Data IRAS Version 5.13 5 DRAFT physiotherapy over a period of 12 weeks. We will be measuring muscle strength, balance and confidence in everyday activities and fear of falls before, during and after the start of the project to see which of the various treatments has benefited the patient most.	2022-21	Non Portfolio	31/03/2023

Diabetes service				
ADDRESS II (PI – Cathy Beresford)	The project aims to establish a support system to facilitate future research into type 1 diabetes. The system will consist of a database of individuals with new-onset type 1 diabetes and their siblings who will have consented to be contacted by the study team about future diabetes research. Some participants will have agreed to provide in addition a blood sample for DNA and specific antibody tests.	2020-37	Portfolio	31/07/2023
Sexual Health				
Positive Voices (PI – Nisha Pal)	Positive Voices is a national survey exploring the lives, experiences and healthcare needs of people living with HIV in the United Kingdom.	2016-51	Portfolio	31/03/2023
HIS UK (PI – Nisha Pal)	The UK Home-Based Intervention Strategy (HIS-UK) is a behaviour change condom promotion intervention for young men designed to enhance enjoyment of condom-protected intercourse, improve attitudes towards condoms, improve the correct and consistent use of condoms, and thereby reduce the risk of STIs. The programme gives out a kit containing different types of condoms and lubricants and asks men to experiment with the contents at home by themselves following condom use education and training. HIS-UK has two delivery models; digital delivery using an interactive website (eHIS), and face-to-face delivered by a trained health professional (proHIS)	2022-14	Portfolio	01/10/2024
Tissue Viability				
Silver II (PI – Stacey Evans Charles)	Commercial	2022-10	Portfolio	30/07/2023

Non-health related studies – 2022/23 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Staff				
Religious identities in healthcare groups (Academic Project, PhD – Nicole Abela)	A survey to investigate how the religious identities of medical professionals working for the NHS influence group mood, performance and satisfaction and understand the religious and professional identities of medical professionals and how they are negotiated and interact with each other within the context of the NHS	2022-33	Non Portfolio	15/03/2024
Psychometric evaluation of the ECOS measure (Clin Psy D – Jared Watson)	Staff survey on burnout. This will be done by using the recently developed Emotional Climate in Organisation Scale (ECOS), a 30-item questionnaire that aims to measure the impact of the organisation on an employee's three emotional systems (threat, drive and safety systems). The study will be advertised via Team Brief	2023-03	Non Portfolio	15/11/2023
IONA		N/A	Portfolio	TBC