
Dementia support

Charities and communities

Here are a list of charities and communities across Berkshire and the UK who provide support for people living with dementia.

If you're reading this page on your computer or phone, you can tap on the links to open web pages directly.

If you have difficulty finding the pages online, you can search for them using Google.

The details here are intended as a guide only.

If you're concerned about your memory or thinking skills, please speak to your GP or care specialists.

Local support across Berkshire

Age UK Berkshire

A local independent charity and part of the Age UK brand, providing integrated health and wellbeing services for older people across Berkshire.

Web ageuk.org.uk/berkshire/

Bracknell Forest Council – Community Mental Health Team for Older Adults (CMHTOA)

Council team working closely with other health and social care teams as well as voluntary organisations to give older adults help after a mental health diagnosis.

Referrals to this team are from your GP or care specialist.

Web bracknell-forest.gov.uk/health-and-social-care/dementia

Call CMHTOA team [01344 823 220](tel:01344823220)

Dementia Care Advisor (attached to Slough Memory Clinic)

A key point of contact to help you and your family/carers to live well with dementia in the Slough area.

Call [01753 635 210](tel:01753635210)

West Berkshire – Dementia Friendly

Information and signposting for local resources and support groups.

Web dementiafriendlywestberkshire.co.uk/

Windsor and Maidenhead – Optalis Dementia Care Advisors

They are a key point of contact to help you and your family or carers to live well with dementia, covering the Windsor and Maidenhead areas. We provide this support for and on behalf of RBWM.

They work with many local services to help you remain independent for as long as possible.

Web optalis.org/locations/dementia-care-advisors

NHS

The NHS website has more information about the causes and symptoms of dementia, and guidance around testing and treatment.

Web nhs.uk/conditions/dementia/

Charities across the UK

Alzheimer's Society

Care and research charity for people with dementia and their carers. Their Memory Handbook offers practical guidance for people living with memory difficulties.

Web alzheimers.org.uk/

Web – (Memory Handbook) alzheimers.org.uk/get-support/publications-and-factsheets/memory-handbook

Social Care Institute for Excellence (SCIE)

A resource hub for anyone supporting people with dementia. Navigate through the sections below for guidance, information and accredited training.

Web scie.org.uk/dementia

Dementia Adventure

A charity who help people living with dementia to get outdoors, connect with nature, themselves and their community, and keep a sense of adventure in their lives.

Web dementiaadventure.co.uk/

I Care Dementia

A resource pack for health and social care workers, formal and non-formal carers supporting someone living with dementia. Provided by Suffolk and North East Essex Integrated Care System in conjunction with Cat Ritson RMN.

Web icaredementia.org

DementiaUK

A specialist dementia nurse charity. Their nurses, known as Admiral Nurses, support and provide life-changing care for families affected by all forms of dementia – including Alzheimer's disease.

Web dementiauk.org/

Dementia Carers Count

Support for family and friends taking care of someone with dementia

Web dementiacarers.org.uk/

Memory service

If you're concerned that you're becoming more forgetful, or having difficulty with concentrating and keeping organised, our specialist Memory Service can assess your situation for conditions which might be affecting you.

Visit our service webpage for more information about our service, our Understanding Dementia Course, and Support for Young People, Family, and Carers.

Web berkshirehealthcare.nhs.uk/memory-service

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