

# East Berkshire Specialist Wheelchair service

# **Charities and Communities**

This leaflet has contact details of local and national support groups.

These are intended as a guide only. Speak to your care professional if you need further advice about your condition.

## Back Up

Back Up inspire people affected by spinal cord injury to get the most out of life. For over 30 years, they've helped people and their families to rebuild their independence after a devastating spinal cord injury.

- Web backuptrust.org.uk/
- Call <u>020-8875-1805</u>
- Email admin@backuptrust.org.uk

### Motor Neurone Disease Association (MNDA)

The MND Association is a charity focused on improving access to care, research and campaigning for people affected by motor neurone disease.

- Web mndassociation.org/
- Call 0808 802 6262
- Email <u>mndconnect@mndassociation.org</u>

### **Muscular Dystrophy UK**

Information and advice and practical support, a network of local groups and an online community if you've living with Muscular Dystrophy.

- Web musculardystrophyuk.org/
- Call 0800 652 6352
- Email info@musculardystrophyuk.org

### **MS Society**

Confidential support for anything about MS, including symptoms, research, diagnosis, disability benefits, and local and national support services.

Web <u>mssociety.org.uk/about-ms/what-is-ms</u>

Call 0808 800 8000

Email <u>helpline@mssociety.org.uk</u>

#### Parkinsons UK

Support and opportunities to live life to the full for everyone with Parkinson's, their families, and carers.

Web parkinsons.org.uk/

Call 0808 800 0303

Email <u>hello@parkinsons.org.uk</u>

### Scope UK

A disability equality charity which provides practical information and support for people who have a disability, and their families and carers who support them.

Web <u>scope.org.uk/</u>

- Call 0808 800 3333
- Email <u>helpline@scope.org.uk</u>

#### **Stroke Association**

They provide specialist support, fund critical research and campaign to make sure people affected by stroke get the very best care and support to rebuild their lives.

- Web <u>stroke.org.uk/</u>
- Call 0303 3033 100
- Call 0300 3300 740

Email <u>helpline@stroke.org.uk</u>

### TURN2US

Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face to face through our partner organisations.

- Web <u>turn2us.org.uk/</u>
- Call 0808 802 2000
- Email info@turn2us.org.uk

berkshirehealthcare.nhs.uk