

Summary of Open Studies, and Studies Set Up by Service Area for FY2020/21

COVID-19 – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio status	Study end date
Psychological impact of COVID-19 (LC – Emma Donaldson)	<p>This study aims to explore the psychological impact of COVID-19 outbreak and the resultant restrictions in terms of behavioural, emotional, and social factors. Questions will be asked of the data collected to see what factors may be supportive or more detrimental to wellbeing. The general public including health professionals and those with pre-existing mental health conditions will be invited to complete the survey.</p>	2020-14	Portfolio	20/04/2021
Enforced social isolation and mental health (LC – Daisy Fancourt)	<p>This will be an online survey of people's experiences of social isolation due to COVID-19.</p>	2020-16	Non-Portfolio	18/05/2021
PRINCIPLE (PI – Dr Sandeep Sandhu)	<p>As yet, there are currently no known treatments for COVID-19 that have been proven to be effective. Our trial aims to evaluate potential treatments as they are identified. To be able to do this, we aim to test one or more suitable, potential treatments for COVID-19, as soon as they become available.</p> <p>We will evaluate drugs that are well known and have been used for many years around the world.</p> <p>We aim to find out whether selected treatments given to those at higher risk of becoming more ill when they are infected with COVID-19 helps reduce the need for hospitalisation and the length of stay required, helps people recover quicker and get fewer complications.</p>	2020-17	Portfolio	25/03/2022

<p>Virus Watch (PI – Dr Sanjoo Chengappa)</p>	<p>The Virus Watch study will recruit a community cohort of 25,000 across England. In this population we will measure the frequency of respiratory infection syndromes and related behaviours. Through linkage with NHS Digital, we will measure the impact of infections on hospitalisations and deaths.</p> <p>In a nested sub-cohort of 10,000, we will measure the incidence of PCR confirmable COVID-19, its clinical symptom profiles, the proportion of the population infected after each wave of the pandemic and the protective effect of antibodies acquired through natural infection. In a subset of people, we will conduct a household contact follow up survey & PCR to measure the extent of pre-symptomatic and asymptomatic viral shedding in household contacts.</p> <p>We will also monitor population movement and assess the extent to which public contact increases the risk of infection.</p>	2020-30	Portfolio	30/09/2021
<p>Child Anxiety Treatment in the Context of COVID-19 (CO-CAT) (LC – Emma Donaldson)</p>	<p>This study worked with children, parents, and NHS clinicians to develop a brief online parent-led cognitive behavioural treatment (CBT) delivered by the OSI platform that parents/carers of children with anxiety disorders work through with remote support from a CAMHS therapist. We will now test whether access to the OSI platform together with therapist support works as well as what CAMHS are otherwise offering to help children with anxiety problems (whatever this might be while social distancing measures are in place and in the post COVID-19 recovery phase), and whether OSI as delivered with therapist support brings economic benefits. We will also provide an understanding of parents' and therapists' experiences of digital treatments in CAMHS in the context of COVID-19.</p>	2020-38	Portfolio	30/08/2021
<p>BASIL-C19 (PI – TBC)</p>	<p>URGENT PUBLIC HEALTH. This COVID study looks at social isolation in older adults.</p>	2021-01	Portfolio	In set up
<p>UK REACH (PI – Stephen Zingwe)</p>	<p>URGENT PUBLIC HEALTH. Study looking at existing data held by national healthcare organisations to understand what the risk of having, and dying from, COVID-19 is for ethnic minority healthcare workers (HWCs). We will also follow a group of ethnic minority HCWs over 12 months to see what changes occur in their physical/mental health.</p>	2021-04	Portfolio	31/03/2021

Dementia – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Exploring how informal carers of people living with dementia experience and maintain continuing compassion in care (PI - TBC)	This study will explore family carers' experiences of compassion when they are or were caring for someone living with dementia. By compassion, we mean compassion for the self, receiving compassion from others and being compassionate towards others. As part of this project, we will be developing and testing a tool to measure family carers experience of compassion and how caring for someone living with dementia can affect the experience of compassion. We will also be looking to find ways of enhancing family carers experience of compassion and how these can collectively form an intervention to support family carers.	2019-26	Portfolio	In set up
BDR3 (LC – Shani McCoy)	Brains for Dementia Research is a study whereby participants have donated their brains to the research project following their death. In a longitudinal approach participants are reviewed on an annual basis to understand their cognitive function, physical health and other specified markers which are then paired with brain tissue analysis following harvest of the brain.	2018-14	Portfolio	31/03/2021 (In follow up)
Living well and enhancing active life: The IDEAL-2 study (PI- Nick Woodthorpe)	<p>IDEAL-2 is a longitudinal study utilising questionnaire approach to understand the lived experience of individuals living with dementia and that of their carers. This is a multi-site multi-organisation study that is aiming to build a database of information that can be accessed by researchers in the future.</p> <p>This study is currently in its fourth year coming into the fifth and has produced several research papers from the data collected to date.</p>	2018-17	Portfolio	31/12/2022 (Paused due to COVID-19)
NIDUS-Family (PI – Leena Reddy)	<p>The study will recruit 297 family/friend carers and people with dementia (dyads) who live at home through memory services, GP practices, home care agencies and Join Dementia Research. 198 participant dyads will be randomly chosen to receive the intervention (NIDUS-family) alongside usual care, and 99 participant dyads will be randomly chosen to receive usual care without NIDUS-family.</p> <p>We will compare if participants who receive NIDUS-family have better outcomes (goal attainment, quality of life, activities of daily living, symptoms, and service use) than those who do not receive it at 6 and 12-months.</p>	2020-22	Portfolio	28/02/2023

<p>Measuring the social care outcomes of people with dementia and carers (PI – Gaurav Chakrabarti)</p>	<p>This study will test the ASCOT-Proxy and the ASCOT-Carer with 300 carers of people with dementia living in their own home. People will be invited to complete a paper questionnaire or online survey with an optional brief follow-up questionnaire one week later. The study will be advertised with the help of local authority adult social care departments, carers’ organisations and care providers. We will also advertise the study on social media.</p> <p>The information collected will be used to assess whether the questionnaires are easy to complete and measure what they are intended to measure – that is, aspects of people’s lives that might be affected by social care services – in a way that is stable over time.</p>	2020-34	Portfolio	31/08/2021
<p>ADePT (LC – Stephen Zingwe)</p>	<p>This study involves interviews with NHS personnel involved in Dementia Diagnostic Pathway nationwide in order to gain insight into how the pathway operates in practice. The pathway processes will be mapped and analysed across multiple NHS Trusts in order to identify issues and opportunities that may be addressed via digital health technologies.</p> <p>The aim of this study is to understand the needs of users, enabling an effective and successful deployment and adoption of a digital technology for cognitive assessment in the NHS.</p>	2020-42	Non-Portfolio	01/04/2021

Mental Health – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Anxiety				
	None			
Autism				
ASC-UK: Learning about the lives of adults on the autistic spectrum (PI – Trevor Powell)	In this project, we will undertake the first stage of a programme of research into the life-course experiences of people with ASD. Experts in ageing and life-course, experienced ASD researchers, and people with ASD and relatives will undertake this project. We will engage with people with ASD, their parents, siblings and partners, and meet and discuss with them to understand much more about how ASD affects people’s daily lives as they age.	2015-15	Portfolio	31/12/2021 (In follow up)
Elucidating the relationship and co-development of sensory reactivity and mental health symptoms in autism (PI -Teresa Tavassoli)	This project will explore if sensory reactivity, such as being oversensitive to sounds, is associated with anxiety and related mental health symptoms. To do so we will follow 100 3-4 year old autistic children and 100 5-6 year old autistic children for 5 years.	2019-23	Non-Portfolio	01/05/2023
SPRINT: The Prevalence of Social Communication Problems in Adult	Aims: To estimate the prevalence of Autism Spectrum Disorders (ASD’s) amongst adults who have been admitted to psychiatric hospitals (including those with intellectual disabilities) population of adult psychiatric inpatients.	2020-06	Portfolio	01/06/2021

<p>Psychiatric INpaTients</p> <p>(PI – Mary Waight)</p>	<p>To examine the association between other mental and physical health conditions in adults who meet diagnostic criteria for ASD's with those who do not meet such criteria (all of whom have been admitted to a psychiatric hospital).</p>			
<p>Music-assisted programmes (MAP): Developing communication in autism spectrum disorder through music making</p> <p>(LC – Emma Donaldson)</p>	<p>The proposed research aims to develop a set of music-assisted intervention programmes to increase spoken language ability in 24-60-month-old, nonverbal or minimally verbal children with autism spectrum disorder (ASD)</p>	<p>2020-11</p>	<p>Portfolio</p>	<p>31/08/2021</p>
<p>Speech and Language access for preschool children with Autism</p> <p>(Academic Project, PhD - Iona Wood)</p>	<p>This qualitative study aims to provide an in-depth understanding of the individual, service, organisational and structural factors impacting on access to Speech and Language Therapy for preschool children with Autism from the perspective of a range of stakeholders.</p>	<p>2021-03</p>	<p>Non-Portfolio</p>	<p>In set up</p>
<p>Depression</p>				
<p>Genetic Links to Anxiety and Depression (GLAD)</p> <p>(PI - Dr Amir Zamani)</p>	<p>Kings College London will explore genetic and environmental factors associated with risk for depression and anxiety disorders in the UK, to understand these common disorders and help develop better treatments.</p> <p>The participants will be recruited into an existing biobank, the NIHR BioResource for Translational Research in Common and Rare Diseases, a re-contactable biobank. Our recruitment will help towards forming the largest re-contactable biobank of participants diagnosed with or suffering from two very common disorders, depression and anxiety, who will be primarily recruited through an online platform.</p>	<p>2019-13</p>	<p>Portfolio</p>	<p>01/09/2028</p>

<p>An Observational, Prospective UK Study Examining Clinical Outcomes of patients, Carer Burden and Direct Health Care Costs for Patients with Symptoms of Moderate to Severe Major Depressive Disorder (MDD) that have Active Suicidal Ideation with Intent (PI – Sanjoo Chengappa)</p>	<p>COMMERCIAL. Patients observed in this study will be those with a working diagnosis of MDD (or moderate-to-severe depression) and deemed to have active suicidal ideation with intent at the point of enrolment based on the clinical judgment of the healthcare team. Where identified, informal carers of these patients will also be invited to participate in the study to assess carer burden. Patients will be followed for a period of approximately 13 weeks/90 days in total and included carers will also be asked to provide data over the same time period.</p> <p>The end of the study will be the last data collection time point within the study for the last participating patient/ carer. The overall duration of the study, including recruitment and follow up, is expected to be 7 months.</p>	TBC	Portfolio	In set up
Eating Disorders				
<p>TRIANGLE (PI - Dr Elma Ramly)</p>	<p>Our Eating Disorder service is collaborating with King’s College London on a project involving patients with anorexia nervosa and their carers. The project investigates whether providing extra information on how to cope with the illness to both patients and carers improves their wellbeing up to 18 months post-admission. The aim is to ensure a smooth transition between inpatient treatment and integration in the community. The project also entails measuring symptom burden with questionnaires at different time points. Patients will be reimbursed for completing the questionnaires.</p>	2017-01	Portfolio	01/06/2021 (In follow up)
<p>An exploration of the relationships between attachment, expressed emotion and early symptom change in family therapy for adolescent anorexia nervosa (Clinical Psychology Doctorate – Francesca Glover)</p>	<p>The study is trying to find out more about why family therapy for Anorexia Nervosa might be more helpful for certain people and less helpful for others. In order to investigate this, we are going to use questionnaire measures to explore the effect of two things on the outcome of treatment:</p> <ol style="list-style-type: none"> 1) Adolescents’ emotional bond (or ‘attachment’) to their main caregiver. 2) The ways in which emotions are communicated (‘expressed emotion’) between adolescents and their parents. 	2020-03	Non-Portfolio	16/04/2021

Learning Disabilities				
<p>An evaluation of the psychometric properties of the adapted PHQ-9 and GAD-7 outcome measures for use with adults with intellectual disabilities.</p> <p>(Clinical Psychology Doctorate – Hannah Jenkins)</p>	<p>People with Intellectual Disabilities (ID) have more mental health problems than the general population. They face many barriers to getting help for problems such as depression and anxiety. One barrier is the lack of adapted materials, like questionnaires, to help assess mental health problems in people with ID. Questionnaires are often used in mental health services to assess if people have problems with feeling anxious or depressed and the questionnaires help to check if people are getting better. Some of these questionnaires have been adapted so they are suitable to be used with people with ID.</p> <p>Making adaptations to the questionnaires was part of a previous research project. It is now important to make sure these adapted questionnaires measure what they are supposed to measure (they need to be valid and reliable).</p>	2020-28	Non-Portfolio	30/06/2021
<p>Online Support Group Use and Wellbeing of Carers of People with ID</p> <p>(PI – Dr Jon Codd)</p>	<p>The research aims to explore the importance of carer networks and peer support as an adjunct to existing service support in health care.</p> <p>The Support Hope and Resources Online Network (SHaRON) is an online support network used across services in Berkshire Healthcare. SHaRON will be implemented with learning disabilities services with a platform for relatives and paid carers initially and then a separate platform for people with an intellectual disability.</p>	2020-20	Non-Portfolio	03/02/2023
Psychosis				
<p>THRIVE</p> <p>(PI – Gwen Bonner)</p>	<p>A randomised controlled trial comparing Virtual Reality Confidence Building with VR Mental Relaxation for people with fears about others</p>	2018-19	Portfolio	30/12/2021
<p>EYE-2</p> <p>(PI - Katherine Mckinnon)</p>	<p>A randomised controlled trial that aims to evaluate the effectiveness of a team based intervention in Early Intervention Psychosis teams.</p>	2018-31	Portfolio	01/03/2021 (in follow up)
<p>Molecular Genetics of Adverse Drug Reactions (MolGen)</p> <p>(PI- Dr Sharif Ghali)</p>	<p>A biomarker study that aims to define the genetic and non-genetic risk factors predisposing to adverse drug reactions to clozapine.</p>	2013-04	Portfolio	30/04/2021

PPiP2 (PI- Dr Sanjoo Chengappa)	A study that aims to establish the prevalence of pathogenic antibodies in patients with first episode psychosis.	2017-44	Portfolio	30/11/2022
The Game Change Trial (LC – Emma Donaldson)	A randomised controlled trial testing automated virtual reality cognitive therapy for patients with fears in everyday social situations.	2019-22	Portfolio	31/12/2021
Hearing Nasty Voices (PI – Sanjoo Chengappa)	A questionnaire study to better understand the problem of hearing derogatory or threatening voices	2020-09	Portfolio	30/04/2021
Does being more satisfied with romantic relationship status increase wellbeing in people who experience psychosis? (LC – Emma Donaldson)	Questionnaire study to measure if increased satisfaction with romantic relationship status is associated with better wellbeing outcomes in people who experience psychosis	2020-04	Portfolio	31/03/2021
PREFER: Patient preferences for voice hearing therapies (LC – Emma Donaldson)	This study aims to explore patient preferences for psychological therapies for the experience of hearing distressing voices	2019-44	Portfolio	30/11/2021
The SleepWell Trial (LC – Emma Donaldson)	The SleepWell trial will now work with forty young people (aged 14-25 years) to test the feasibility of treating sleep problems in young people at high risk of psychosis. The results of this study will determine whether a larger and more conclusive trial of our psychological intervention can take place.	2020-32	Portfolio	01/11/2022

<p>Inpatient CBTp Delphi Study</p> <p>(PI – Catherine Evans Jones)</p>	<p>A Delphi study examining key competencies for the delivery cognitive behavioural therapies for psychosis in acute psychiatric inpatient settings.</p>	<p>2020-39</p>	<p>Non-Portfolio</p>	<p>31/12/2021</p>
PTSD				
<p>OPTYC Online PTSD Treatment for Young People and Carers</p> <p>(LC – Dorothy King)</p>	<p>Post Traumatic Stress Disorder (PTSD) is prevalent and impairing in children and young people. Effective face to face treatments exist, including Cognitive Therapy for PTSD (CT-PTSD), developed by our group. However, few young people access effective treatments. We are therefore developing a website and smart-phone App that will improve accessibility of this treatment by allowing trained therapists to deliver CT-PTSD over the internet (iCT) to young people (12-17 years old) with PTSD. In this study we want to evaluate iCT. We propose to do this by running a 3-arm randomised controlled trial to compare iCT to face-to-face CT to a Wait List condition.</p>	<p>2020-23</p>	<p>Portfolio</p>	<p>26/02/2022</p>
Self Harm				
<p>Exploring Mental Imagery and Self-Harm in Young People</p> <p>(Clinical Psychology Doctorate – Karima Susi)</p>	<p>The current project aims to investigate the amount and nature of any mental imagery related to self-harm and whether mental imagery strengthens the link between negative feelings before self-harm and completing self-harm primarily using a 20 minute questionnaire but also a 30-60 minute in-depth interview. The findings of the study could help assessment and treatment for young people who self harm</p>	<p>2020-18</p>	<p>Non-Portfolio</p>	<p>30/07/2021</p>
Suicide				
<p>National Confidential Inquiry into Suicide and Homicide by People with Mental Illness (NCISH)</p> <p>(PI – Louis Appleby)</p>	<p>Establishing and regulating working practices for safeguarding the receipt, disclosure and holding of identifiable patient information</p>	<p>2018-38</p>	<p>Portfolio</p>	<p>04/01/2022</p>

<p>Quantitative study with Mental Health Practitioners (Academic Project, PhD - Zaid Hosany)</p>	<p>The purpose of this study is to evaluate whether a training in brief suicide-specific psychological interventions (BSPI) with Mental Health Practitioners (MHPs) within a Crisis Resolution and Home Treatment Team (CRHTT) service to support suicidal patients produces measurable changes in nursing practice and patient care.</p>	<p>2018-36b</p>	<p>Non-Portfolio</p>	<p>30/04/2021</p>
<p>Suicide by middle aged men (PI - Louis Appleby)</p>	<p>This study will combine multiple sources of information to examine factors related to suicide in this hard-to-reach group, including barriers to accessing services.</p>	<p>2019-28</p>	<p>Portfolio</p>	<p>31/03/2021</p>
<p>IAPT (Talking Therapies)</p>				
<p>PIPS (PI – Sarah Sollesse)</p>	<p>COMMERCIAL STUDY. We need to develop tools that can improve the precision with which we allocate treatments in psychiatry. Current psychiatric disease classifications (DSM-5, ICD-10) ensure reliable diagnoses across clinicians, but their diagnostic categories do not allow for individual treatment predictions – for example, most patients with major depression do not recover after their first treatment.</p> <p>This project aims to remedy this by using machine learning to develop an algorithm that can quantify how likely an individual is to respond to a range of mental health treatments, specifically in this case, online cognitive behavioural therapy (iCBT)</p>	<p>2020-07</p>	<p>Portfolio</p>	<p>31/12/2021</p>
<p>Improving Access to Psychological Therapy (PI – Sarah Sollesse)</p>	<p>This study will look at 4 years' worth of data from an IAPT service to take a deep dive into how iCBT has impacted depression and anxiety, firstly by comparing outcomes to GSH and group wellbeing, and secondly by analysing sociodemographic and clinical covariates associated with these different interventions and their outcomes.</p> <p>This will help understand the effects of iCBT as compared to other similar treatments and in different populations and subgroups, and would help to improve the content and delivery of this innovative form of therapy in future.</p>	<p>2020-21</p>	<p>Non-Portfolio</p>	<p>01/06/2022</p>

<p>The Implementation of Digital Interventions in Healthcare Services (PI – Sarah Sollesse)</p>	<p>The current research seeks to qualitatively explore the experiences of groups involved with the implementation of iCBT interventions in Improving Access to Psychological Therapies Services in the NHS. These groups will consist of psychological healthcare professionals (psychological wellbeing practitioners, service managers, clinicians), patients and individuals associated with the provision and development of an iCBT intervention (commercial/sales people, customer success managers, product developers). This research aims to investigate the lived experience of implementing internet-delivered interventions in modern healthcare services, as well as the factors that are of most importance to the relevant stakeholder groups involved.</p>	2020-29	Portfolio	28/02/2021
<p>The Watch Study (PI – Sarah Sollesse)</p>	<p>The current study seeks to investigate the acceptance of the use of a smartwatch in an internet-delivered Cognitive Behavioural Therapy (CBT) based intervention for depression. CBT for depression is evidence-based and recommended as first-line treatment in NICE clinical guidelines in the UK.</p>	2020-35	Portfolio	30/04/2021
<p>Internet cognitive therapy for social anxiety disorder (iCT-SAD) (PI – Alison Salvadori)</p>	<p>This study is primarily auditing the effectiveness of iCT-SAD in routine clinical practice.</p>	2020-40	Non-Portfolio	31/03/2022
Non-specific mental health				
<p>Cause and Prevalence of Memory Problems (CAP-MEM) (LC- Stephen Zingwe)</p>	<p>A questionnaire study that aims to explore the cause and prevalence of memory problems in people with mental health, neurodevelopmental and neurodegenerative disorders.</p>	2018-23	Portfolio	30/09/2021
<p>Traumatic childbirth, wellbeing and social identity on new mothers (Clinical Psychology Doctorate – Shama EI-Salahi)</p>	<p>This study looks to recruit new mothers who have had a traumatic childbirth and new mothers who have not had a traumatic childbirth to compare their levels of wellbeing and their strength of identity as a new mother. Each participant will be asked to fill in a few online questionnaires at one time point so that we can learn more about the relationship between traumatic childbirth, social identity and psychological wellbeing.</p>	2020-36	Non-Portfolio	16/04/2021

Children and Young People (CYP) – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
STANDARDISED Diagnostic Assessment for children and adolescents with emotional difficulties (STADIA): (PI- Tamsin Marshall)	Population: Children and young people (age 5-17 years) presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS). The aim of the study is to evaluate the clinical and cost effectiveness of a standardised diagnostic assessment (SDA) tool as an adjunct to usual clinical care in children and adolescents presenting with emotional difficulties referred to Child and Adolescent Mental Health Services (CAMHS).	2018-20b	Portfolio	30/04/2022
ASCEND - Evaluating an early social communication interaction for young children with Down Syndrome (PI - Vesna Stojanovik)	SPONSORED STUDY. A new parent-led intervention programme for children with Down Syndrome. The goal is to improve language and communication skills in children with Down syndrome. Preliminary work by our research team has shown that children who had an intervention on improving shared attention understood and produced twice as many words compared to children who did not have the intervention. We want to find out whether delivering the intervention programme and assessing the effect it has are feasible for a larger trial	2019-11	Portfolio	01/08/2021
Treatment of Panic Disorder in Adolescents (PANDA Study) (PI – Polly Waite)	A research project to compare two talking therapies, that involve working with a therapist one-to-one, for the treatment of panic disorder in young people aged 11-17½ years	2019-34	Portfolio	30/09/2021

Physical Health Service – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Sexual Health Services				
Diabetes service				
Startright (Getting the right classification and treatment from diagnosis in adults with diabetes) (PI- Dr Mohammadi Alizera)	<p>Our Diabetes at King Edwards VII are teaming up with University of Exeter Medical school to support recruitment into this study aiming to achieve more accurate early classification of diabetes and identification of which patients will rapidly require insulin treatment. The clinicians will record clinical features and biomarkers that may help to determine diabetes type at diagnosis and follow participants for 3 years to assess the development of severe insulin deficiency (measured using C-peptide) and insulin requirement. Findings will be integrated into a freely available clinical prediction model.</p>	2018-02	Portfolio	30/06/2023 (In follow up)
Exploring patient and healthcare-professional perspectives on barriers and facilitators towards foot self-care practices in diabetes (Academic Project, PhD – Andrew Hill)	<p>This study primarily seeks to explore patient and healthcare-professional perspectives on perceived barriers and facilitators to foot self-care practices in diabetes. In addition, this study will explore whether similarities and/or differences between patient and healthcare-professional perspectives in this context contribute to these barriers and/or facilitators</p>	2020-08	Non-Portfolio	31/12/2021
ADDRESS II (PI – Cathy Beresford)	<p>The project aims to establish a support system to facilitate future research into type 1 diabetes. The system will consist of a database of individuals with new-onset type 1 diabetes and their siblings who will have consented to be contacted by the study team about future diabetes research.</p> <p>Some participants will have agreed to provide in addition a blood sample for DNA and specific antibody tests.</p>	2020-37	Portfolio	31/12/2022

Cardiac and Respiratory Specialist Services (CARSS)				
<p>TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD) (PI- Cath Darby)</p>	<p>Our Cardiac and Respiratory Specialist Service is collaborating with Queen Mary University of London Research study for patients with Chronic Obstructive Pulmonary Disease (COPD); also known as chronic bronchitis or emphysema. To investigate the benefits of offering people with moderate to very severe Chronic Obstructive Pulmonary Disease (COPD) and mild or moderate anxiety or depression, the opportunity to receive structured, one to one support and advice delivered by a trained respiratory health care professional (nurse, physio or occupational therapist). The sessions are based on a Cognitive Behavioural approach. COPD can affect many aspects of such patients; breathing difficulties can limit their day-to-day activities and can make them feel worried (anxious) or feel low (depressed).</p>	2018-29	Portfolio	30/06/2021 (In follow up)
Digestion				
<p>Assessing the ecological role of yeast in the gut (Academic Project, PhD - Grace Ward)</p>	<p>The University of Reading are conducting research on people who suffer from gut disorders, with a focus on yeasts in the gut. It has been proposed that yeasts found in the human gut cause the symptoms experienced with gut disorders, such as Irritable Bowel Syndrome and Inflammatory Bowel Disease (Crohn's disease and ulcerative colitis). Understanding the cause of such disorders could lead to the development of treatments to relieve the pain of sufferers.</p>	2019-24	Non-Portfolio	30/09/2021
Vaccinations				
<p>Fluenz Tetra Enhanced Safety Surveillance Programme 2020-2021 (LC – Charlotte Church)</p>	<p>Children (or their parents/guardians) are eligible to participate in this surveillance if they have received the nasal seasonal flu vaccine, Fluenz Tetra, as part of their routine care in accordance with guidance from the Department of Health.</p>	2020-31	Portfolio	02/03/2021

Non-health related studies – 2020/21 projects				
Study title and lead	Summary	Reference	Portfolio Status	Study end date
Data				
EMHEP 3: Efficiency, cost and quality of mental healthcare provision (LC – Emma Donaldson)	This research will analyse the efficiency, cost and quality of mental healthcare provision in the English NHS.	2020-05	Portfolio	30/04/2021