

# Are you confident in your continence?

## Do you...

- have to rush to the toilet?
- experience bladder leaks?
- struggle with constipation?

The Bladder and Bowel Service is coming to a location near you!

Come and talk to us on the Health Bus for free advice.

**Bracknell Waitrose Car  
Park RG12 1RQ**

**Thursday 2 July 2026  
10am – 2pm**



Scan the **QR code** or go to the address below to find out more about our service:



**Scan me**

 [berkshirehealthcare.nhs.uk/continence](https://berkshirehealthcare.nhs.uk/continence)



Information for parents/carers



Berkshire Healthcare  
NHS Foundation Trust

# Let's talk about **Wee and poo**

The Paediatric Bladder and Bowel Service  
is coming to a location near you!

**Does your child struggle to  
poo? Are they wetting  
themselves? Do you need  
support with toilet training?**

The Paediatric Bladder and  
Bowel Service is coming to  
a location near you!

Come and talk to us on the  
Health Bus for free advice.

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